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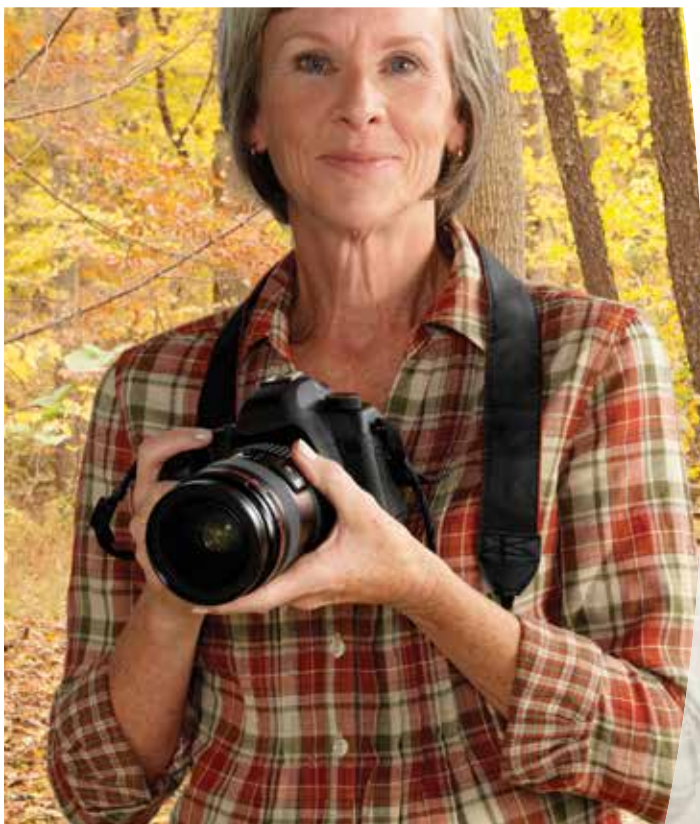
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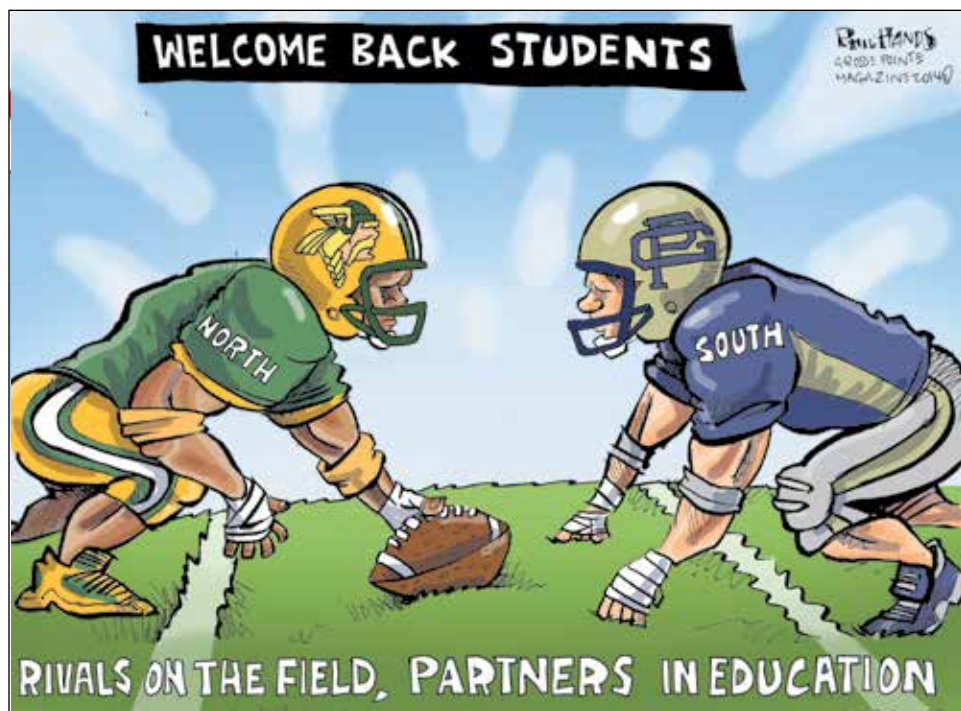
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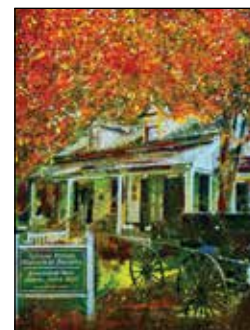
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## On the cover

This issue's cover art of the of the Grosse Pointe Historical Society's Provencal-Weir House was painted by renowned Grosse Pointe Shores artist Dominic Pangborn. Reprints of Dominic's are available for purchase by contacting [publisher@grossepointemagazine.com](mailto:publisher@grossepointemagazine.com).



## Where in the Pointes?



Where in the Pointes is this object? On Monday, Sept. 19, we will ask this question on our Facebook wall. The first person to respond with the most specific answer will win four tickets to the Michigan Renaissance Festival! Participants MUST wait for the question to be posted by Pointe Magazine. Good luck! (Outside Dirty Dog Jazz Cafe.)

To find us on Facebook, search "Grosse Pointe Magazine"

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**John Minnis**  
Editor and Publisher

# POINTE

## MAGAZINE

## Happy New Year!

*H*appy New Year! I always like to say that in September after school starts. In a sense, based on years of conditioning, September and going back to school always felt like the start of a New Year to me. I even make resolutions to do better this year ... if not in school then on the job — or better yet, on the golf course!

But no one can — or did — do better on the golf course than my friend Ryan Lenahan. The 32-year-old professional golfer on the European Challenge Tour returned Aug. 15 to the Country Club of Detroit to play in the second Turning Point Invitational tournament to raise money for Cornerstone Schools, co-founded in 1991 by another friend and Grosse Pointer, Clark Durant.

“

*Did I tell you I first met  
Arnold at his Florida home  
course, Bay Hill?*

”

I have had the privilege to attend both Turning Point Invitionals. In the first, in 2004, the 50th anniversary of Arnold Palmer’s winning of the U.S. Amateur title in 1954 at the Country Club of Detroit, I got to meet the “The King” himself, as well as Phil Mickelson and other pros. It was a thrill.

While I did not get to meet the “Golden Bear,” Jack Nicklaus, at this year’s invitational, I was able to follow Team Lenahan around. I was further thrilled to learn not only did Team Lenahan win the invitational, but also that Lenahan turned in the “low-pro” score 61 — 11 under par! The “local guy” beat the likes of Esteban Toledo, Larry Nelson, Andy Bean, Joe Inman, Gary Koch and, yes, Nicklaus himself. Good playing, Ryan!

Unfortunately, because of our busy magazine schedule, the closest I’ve gotten to golf this year is as a spectator. But that is about to change. When you read this, I will be in The Villages in Florida, enjoying “free golf” on the 100+ executive residents’ courses as well as on the championship courses, including the Arnold Palmer and Nancy Lopez courses!

Did I tell you I first met Arnold at his Florida home course, Bay Hill? Did you know you can actually get a room there? I didn’t either, but Terry did. We spent a couple of nights there, waiting for our timeshare condo to be available. And, yes, I did see Arnold hitting balls, teeing off with buddies, and I did get to say “hello”!

At any rate, we hope you enjoy this issue of *Pointe Magazine*. And, as always, we encourage you to patronize our many fine advertisers and businesses, without whom none of this would be possible.

See you around the Pointe — if not on the course! 





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# Meet Leo

Name:

**Leo Reynolds Scarfone**

Birthdate:

**June 8, 2015**

Time of birth:

**10:50 a.m.**

Parents:

**Andrew & Anne Marie Scarfone**

City:

**Grosse Pointe Woods**

Favorite activity: **Peekaboo, bath time and reading books**

First words: **Mama, Dada, Ball, Uhoh**

Cute habit: **He dances whenever he hears music.**

## About Leo *in Mommy and Daddy's words*

Leo is a very happy, easy going and sweet boy. He loves being silly and laughing with Mommy and Daddy. On the other hand, he can also be very serious. He likes being around people and to watch and take everything in that's happening around him. He also loves all music and dances along to it whenever he hears a song. He likes to play fetch with his dog Coco and share his food with him. He is a great eater. His favorite foods are zucchini, smoothies and blueberries. He is such a good boy and rarely ever cries.

# Meet Ella

Name: **Ella Elizabeth Henness** Age: **10** School: **Monteith Elementary**

Parents: **Christopher & Amber Henness** Siblings: **Ava, 14**

Interests: **Volleyball, basketball, yoga, piano and skiing**

## Favorites

School Subject

**Math**

Food

**Auntie Pam's ribs**

Book

**The Harry Potter series**

Vacation

**Lake Winnepesaukee in New Hampshire**

Outdoor Activity

**Swimming**

Game

**Rummikub**

Family Activity

**Spending time at the cottage**

What do you want to be when you grow up?

**I would like to attend Duke University and study history.**

What is your favorite thing about going to school?

**I love meeting new friends and learning from all the great teachers.**

Who do you look up to and why?

**I look up to my sister Ava because she always sets a good example for me to follow.**



## About Ella

"I enjoy the outdoors, especially swimming, hiking and skiing. I love hanging out with my family and watching Duke basketball with my dad. I wish I had a dog, but I love Lena, my cousin's dog, like she's mine. Fun fact: When everyone looks into the night sky and sees the Big Dipper, I only see a shopping cart!"



# Education begins with inspiration

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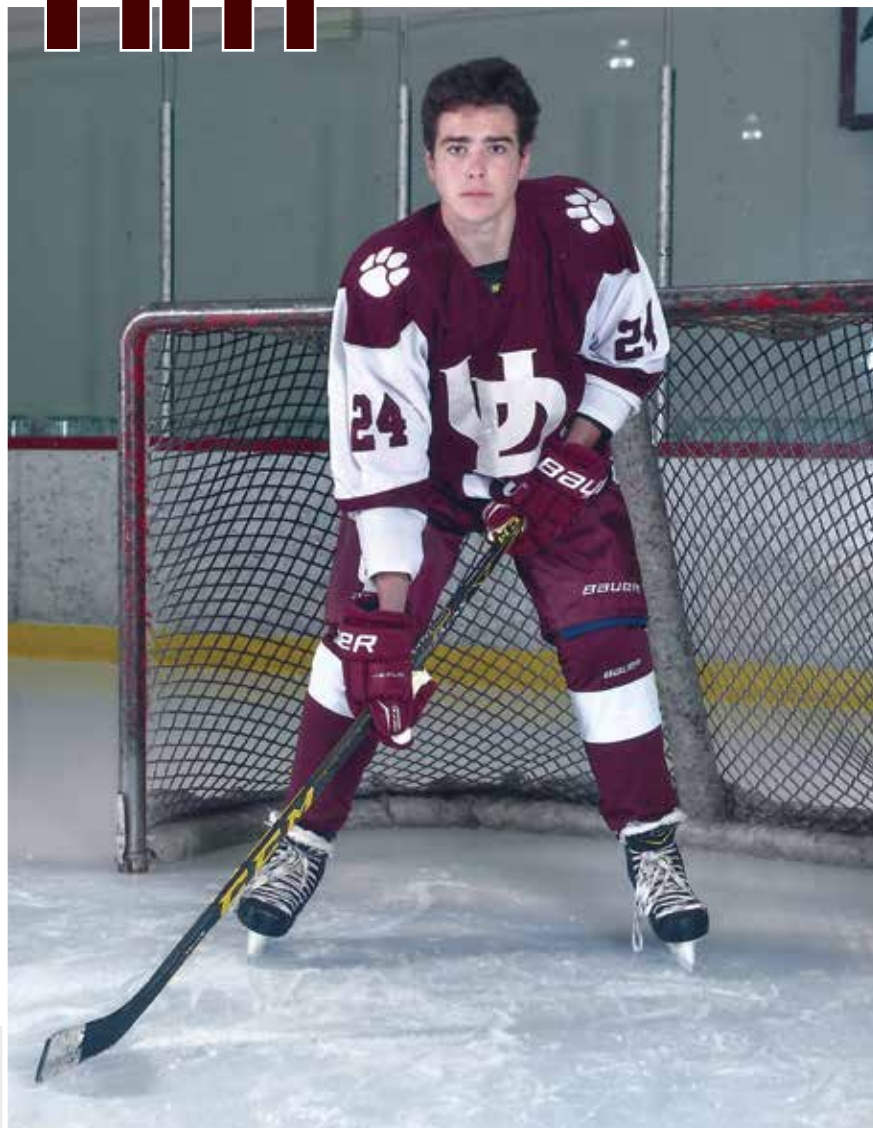
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# Meet Tim



<b>Name</b>	Tim Johnson
<b>Age</b>	17
<b>City</b>	Grosse Pointe Woods
<b>School</b>	U of D Jesuit High School
<b>Parents</b>	Jeff and Pat Johnson

## Tim's Favorites

- Music Artist**  
Kanye West
- Music Genre**  
Hip Hop
- TV Show**  
*Breaking Bad*
- Movie**  
*The Other Guys*
- Actor/Actress**  
Will Ferrell
- School Subject**  
Science/Biology
- Vacation**  
Washington, D.C.
- Food**  
Sushi
- Book**  
*Call of the Wild*
- Teacher**  
Dominic Coccitti-Smith (microbiology)
- Extracurricular Activity**  
Playing hockey

## About Tim

Tim is a two-sport athlete, playing hockey and lacrosse at U of D. He enjoys swimming, paddle boarding, basketball, jet skiing and mixing music.

Though he worked as a lifeguard last year, this summer he was busy playing hockey, conditioning, participating in travel lacrosse and taking a class at Schoolcraft College.

**What song have you downloaded that would surprise people?**

"Voodoo Child" by Jimi Hendrix

**If you could have three wishes granted what would they be?**

Get into one of the colleges of my choice, especially Michigan State University  
Win a Division One Hockey State Championship with U of D  
Health and happiness for my family and friends

**Where do you see yourself in five years?**

Graduating from college and successfully finding a job

**What did you want to be as a child and what do you want to be now?**

I wanted to be a soldier in the U.S. Army. Now I would like to work in the field of microbiology.



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# FIGURING OUT (AND PAYING FOR) COLLEGE

## WITH COLLEGE STAR COUNSELING

With the high cost of college today — and the potential for your child to be saddled with a lifetime of debt — it pays to get as much student aid as possible. However, the self-directed path families often follow when applying for college and financial aid does not always lead to success. Myths about who qualifies for financial assistance keep many families from fully exploring their options, and common missteps hold students back from being competitive at the colleges of their choice.

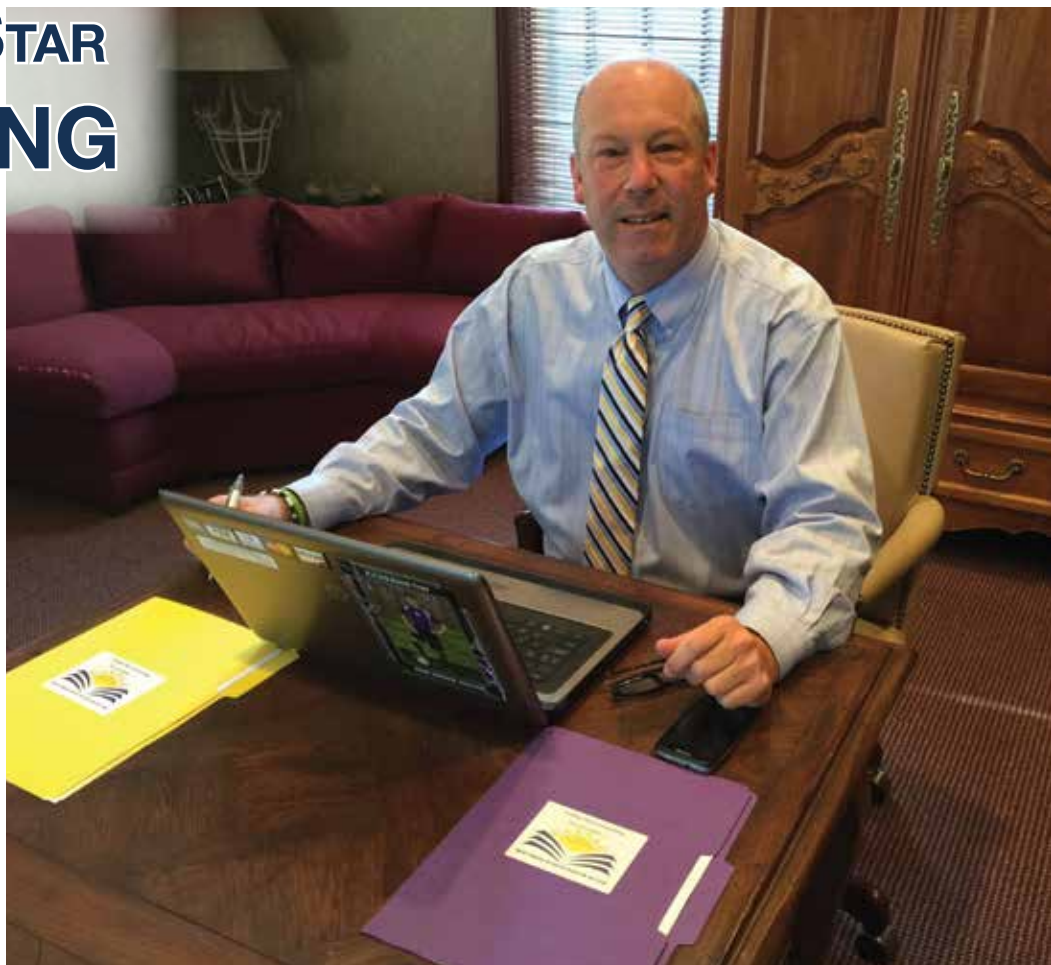
Higher education shouldn't be a game of chance, and families of college-bound students need to approach it with a plan. Harry Gemuend, a 1978 Grosse Pointe North graduate and former Senior Education Consultant with College Planning Network, has come home to help local families formulate winning college strategies. He recently launched his own firm, College Star Counseling on Mack Ave. in Grosse Pointe Woods, and is already helping Southeastern Michigan families reap the benefits of his expertise.

"Our average family receives \$19,075 per year in college aid," Gemuend says, "and our expert Appeals Team increases the average under-awarded family's financial aid package by \$4,809 per year."

Gemuend says families should start looking at the college admittance process as soon as a child reaches high school. Many families don't start soon enough or fall prey to the misconceptions surrounding the process, especially when it comes to financial aid.

"Most families attempt the process of applying to and paying for college by themselves, and in doing so, fail to tap into lesser known — but invaluable — resources and tools," says Gemuend. "Colleges are happy to have families take this DIY approach because it means they're going to pay top dollar. My services are designed to educate parents and students about the smartest and most effective paths to the colleges of their choice.

"This goes beyond traditional guidance counseling or



financial planning software. By designing a customized Road Map to Success, we determine what colleges best meet a child's needs while satisfying the family's financial capabilities," Gemuend says.

College Star Counseling helps families plan for college throughout high school with a number of student services including SAT and ACT prep, and by identifying financial solutions for both merit- and need-based funding. "And we provide these services until your child has his or her college diploma in hand," Gemuend says.

Workshops entitled "Best Possible College at the Lowest Possible Cost" are conducted throughout the school year. This year's first is scheduled for Tuesday, Sept. 27 from 7 to 8:30 p.m. at the Neighborhood Club.

"Better late than never is definitely applicable," Gemuend says. "Planning is important, but many of our late enrolling students have seen tremendous results as well. Families whose kids are already in college are also candidates. When planning for college you should reach for the stars."

College Star Counseling is located at 20750 Mack Ave. in Grosse Pointe Woods. For more information, visit [www.collegestarcounseling.com](http://www.collegestarcounseling.com) or call (313) 818-8550. ☎



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## MARK YOUR CALENDAR ○



### North vs. South Tailgate


Grosse Pointe Chamber of Commerce presents the 2016 North vs. South Varsity Football Game Tailgate on Friday, Sept. 23 from 5 p.m. to 7 p.m.

This year's tailgate will take place in the Grosse Pointe North High School parking lot. Festivities include food vendors, drinks, games, entertainment, family activities and more. The tailgate and game is a must-attend event for any and all Grosse Pointe Public Schools students and alumni. Who will you root for?

The Norsemen versus Blue Devils game has been a longstanding tradition in the Pointes and this year marks the seventh year the Chamber has sponsored the event.

"The tailgate is a community effort of students, parents, school administration, volunteers, local businesses and fans coming together to show their spirit as OneGP!" says GPCC executive director Jennifer Boettcher. "The Chamber annually hosts the tailgate party to build community."

Food tickets will be available at the tailgate, which is open to the public rain or shine! A portion of the proceeds will benefit Grosse Pointe Foundation for Public Education.

For more information, visit [grossepointechamber.com](http://grossepointechamber.com). 

Photos courtesy of Grosse Pointe Chamber of Commerce



## Happy Halloween

**October 14 - 6 p.m.**

Hob Nobbin' with Goblins at Grosse Pointe Woods Lake Front Park

**October 19 - 6-7:30 p.m.**

Boofest at Grosse Pointe Shores Municipal Park

**October 29 - 4-5:30 p.m.**

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**October 31 - 3:30-4:45 p.m.**

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# Shaping lives that shape lives.







The Athletic Booster Club (ABC) of Grosse Pointe South High School proudly presents the 14th annual Run the Pointe on Saturday, September 24, 9 a.m., at Grosse Pointe South High School. Proceeds benefit the student athletes at South.

“High school athletics are an important facet of our kids’ well-rounded education,” says chairman William Costello. “Over 60 percent of students play a sport at South.”

Runners start on the stadium track, run through the Hill on Kercheval, then Vendome, Grosse Pointe Boulevard, Fisher and finish on the track. The 10K runners run another loop of the neighborhood. Finally, a 2-mile walk option is offered.

Run the Pointe is also a professional road race — runners are officially chip-timed and the courses are USATF certified. Typically, more than 500 entrants participate in Run the Pointe and many in the community come out to cheer them on, making for enormous support of the Athletic Booster Club.


“The Athletic Booster Club plays a key role in ensuring our students get the most out of their athletic experience



at South,” says Costello. “The ABC funds safety items, new uniforms, equipment, training and facility improvements.”

ABC’s other fundraisers include the Coaches Club, Blue Devil Invitational golf outing and the Booster Bash in January.

Another benefit of ABC’s Run the Pointe is that “each entrant can direct 100 percent of his or her entry fee and any additional donation to a specific South sports team,” says Costello. “Come join us for an enjoyable run or walk around the Farms!”

Pre-registration is \$20 by September 17, or \$25 on race day. For more information or to register, visit [gpsathleticboosters.com](http://gpsathleticboosters.com). 







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Photos courtesy of EAGLE Children's Charities

## By Sarah Stahl

Doug Kempton, a Grosse Pointer of 25 years and businessman running several Kinkos across Detroit, witnessed poverty and injustice firsthand surrounding the city's eastside.

"Having many privileges growing up," Kempton says, "I wanted these 'at-risk' kids to have similar opportunities."

Recognizing a void in the city's recreational sports programs, Kempton had a vision. "Sports are the platform of encouragement giving hope to children and their families," he says. So he found an abandoned baseball field located at Balduck Memorial Park.

"I grabbed a push mower," Kempton says, "and began plowing through the overgrown field" — thus exposing the future of the EAGLE Sports Club.

With the approval of the City of Detroit to "adopt" Balduck Memorial Park in 2003, volunteers committed to revitalizing the fields. Now the park has state-of-the-art lights, scoreboard, drainage and irrigation, as well as batting and pitching cages and an old school design baseball field.

"My goal in this initiative is to help eastside families grow mentally, emotionally and spiritually," Kempton says, "and to build life-changing relationships."


EAGLE Sports started with soccer and quickly added baseball. Grace Community Church, UAW Ford, Major League Baseball, the MLB Players Association (Baseball Tomorrow Fund) and the Detroit Tigers Foundation all chipped in to raised over \$2 million to revitalize six baseball

diamonds, one a championship facility.

EAGLE Sports is a non-profit, faith-based organization that makes playing a sport obtainable and affordable with private donations. Kempton says it costs EAGLE Sports Club about \$160 per player to field the leagues. The kids are charged only \$40, and EAGLE Sports makes the rest up through contributions, grants and sponsorships.

In the last 18 years, EAGLE Sports has grown to offer outdoor/indoor soccer, baseball, flag football and summer camps. Serving over 2,000 children on over 140 teams annually, EAGLE Sports thrives on the hundreds of volunteers it fields to run the programs and mentor each child individually. The sports teams require 80 to 90 coaches, often rotating into the next seasonal sport.

To bring his mission full circle, Kempton recognized the need to assist children more than socially and athletically. So he and his team developed the SOAR Tutoring Program, an after-school literacy program offered September through May. Because of SOAR, children have raised their reading skills 2.5 to as many as 5 grade levels in a single year of tutoring. The program is mentor driven, requiring 300 tutors and mentors to volunteer one hour per week, impacting the lives of 150 students.

To get involved, contact Terry Brennan, Director of Development, at (313) 402-4575 or e-mail [tbrennanesc@wowway.com](mailto:tbrennanesc@wowway.com). EAGLE Sports Club is located at 21001 Moross Rd. in Detroit. For more information, visit [eaglesportsclub.com](http://eaglesportsclub.com). 







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# A SAINT IN THE MAKING: THE VIRTUE OF KINDNESS

Photo by Robert McCullough

FOR DOG LOVERS  
AROUND THE WORLD

By Lauren McGregor

*Many readers have followed my recent adventures abroad through my travel columns over the past year. A topic I did not discuss — friendships forged — will serve as my final travel piece.*

I met Kirsten Kudahl Orton in a small village tucked in the hills of the south Cotswolds. Her heart, kindness and hospitality matched this place and my magically tinted memory of a month spent there.

After discovering our mutual interest in writing, she gifted me with her beautiful book, *A Saint in the Making Vol. 1: The Virtue of Kindness*. I am honored to share this story of kindness learned through the eyes of a puppy, a special creation from across the pond.

*A Saint in the Making* follows, in perfect doggy detail, Little Barty, a St. Bernard/Labrador mix (or, a BernaDor) who has come to live with Kirsten, the fireman and their two Golden Retrievers, all of whom play a part in Little Barty's quest to become a 'Saint BernaDor.' Why tell a story of the virtue kindness through the eyes of a dog rather than a person?

"The canine kingdom brings so much joy and love to humans and I have always wondered what life must be like for a dog," Orton says. "In fact, I started writing shortly after losing our Golden Retriever, Brewster, in 2008."

In the first volume, Little Barty learns kindness with the help of Kiri, a wise Retriever. Kiri agrees that after ten acts of kindness, she will teach Barty how to 'pin his tail,' offering freedom and, eventually, a way to become a 'Saint BernaDor.'

"I hope to reach fellow dog lovers and to remind them of the gifts in virtues," Orton says.

At 162 pages of not only lessons learned, but imaginative

insight into a dog's mind, this canine saga is suitable for children, adults and anyone who loves dogs and their mysterious ways.

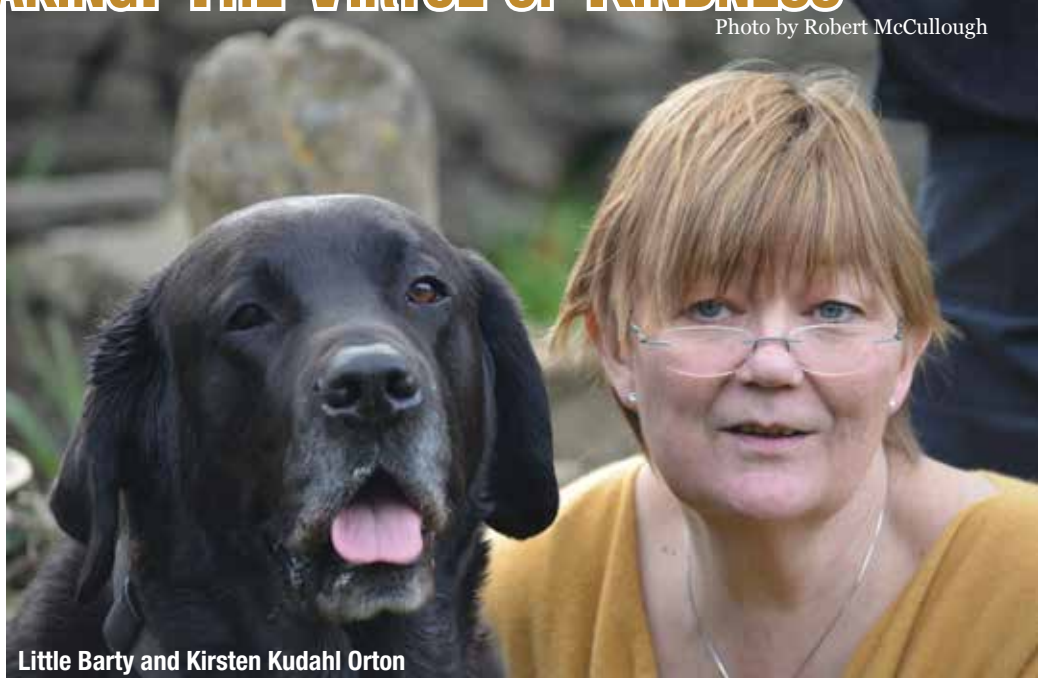
"I would love to make readers smile and to encourage grandparents, parents and children alike to discuss the story," she says.

The series includes four volumes. The first three revolve around Little Barty's quest to learn his virtues and the last details his efforts to complete his halo and become a Saint BernaDor. The next volume, *The Virtue of Frugality*, will be published in early 2017. *A Saint in the Making* is available for purchase at Amazon.com.

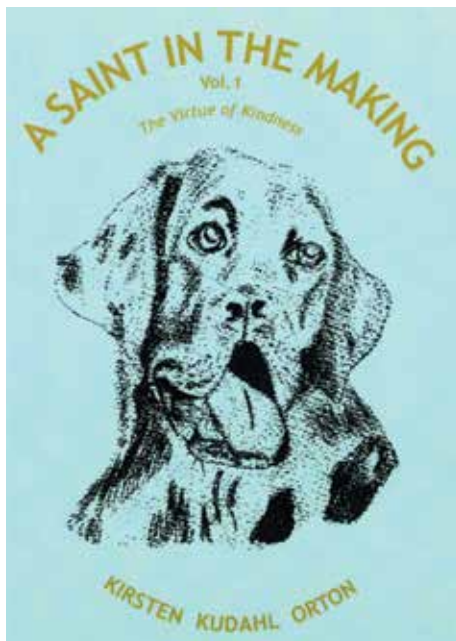
It is a treasured part of my library and makes a perfect, unique gift from an international writer. ☺

*Kirsten Kudahl Orton is Danish and first came to England in the early 1980s, when she met a fireman and settled there. She qualified as a solicitor in 1996 and has practiced ever*

*since. Orton lives in the West Country of England with her fireman and their two dogs, Barty, a St. Bernard/Labrador mix who is the 'Saint in the Making' and Deni, a Great Dane/Rottweiler mix. She enjoys walking, swimming, writing and drawing and is learning to play golf.*



Little Barty and Kirsten Kudahl Orton





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# THE GAME OF KINGS IN BALDUCK PARK

By Lauren McGregor

For the last nine years, Grosse Pointe resident Tom Campbell has been a regular visitor of Detroit's Balduck Park.

"My dog Scooby, a therapy dog, visits patients and staff at Van Elslander Cancer Center every Wednesday," Campbell says. "At least two or three times a week we will walk the park and pick up litter to keep it beautiful."

As its greatest advocate, Tom Campbell created "Friends of Balduck Park." In doing so, he fostered a hope to bring together folks from neighboring communities.

"I also wanted to create an inviting space for seniors," he says. "Their presence can offer our youth a gentle wisdom and pass along the legacy of respect and pride for our city." So, he started a one-of-a-kind project: the construction of the only giant outdoor chess board in the area.

"I grew up in Detroit on the city's southwest side," Campbell says. "I feel a sense of pride in the history of our city. My goal is to provide the city we live, work, or grew up in, the littlest of jewels to say 'thank you, Detroit.'"

Campbell started his project with a successful GoFundMe campaign in February. "In March, we lined up the materials and in late April, we broke ground," he says. "Since breaking

ground, complete strangers, even from out of state, offered their time and services, from Bobcat excavation and heaping piles of aggregate and wood chips to wood for the storage benches, potted planters and gas struts to control the lift and fall of the heavy bench seats."

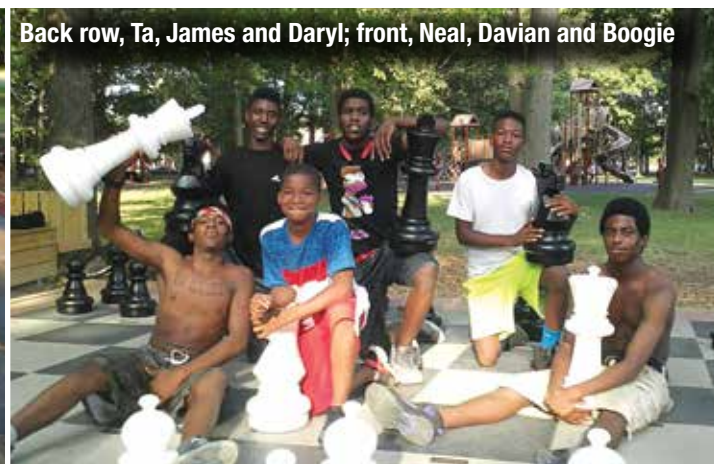
Sand, paver blocks, weather resistant chess pieces, storage bins and boxwood hedges were just a few of the items funded by GoFundMe or contributed by companies and individuals.

Children in the area also pitched in. "The kids have been outstanding, from helping drill screws, measure cuts and level aggregate to now being proud caretakers."

Though even with guardians, there stands the chance of an outdoor game's destruction. After the board was vandalized and the chess pieces broken, the community came together again, flooring Campbell with its support, strength and kindness. Jim Grenwick and Cookie Moore of the Cornerstone Group along with Morning Side and East English Village groups helped raise funds to replace the original set. Today, the chess board is back in action and ready for all to use.

"So many Grosse Pointers have been amazed to see the renovations at Balduck, where they remember childhood sledding," Campbell says. "I wish to invite all Grosse Pointers to come and enjoy a beautiful dusk and sunset in amazing natural beauty. Play the Game of Kings and perhaps even make new friends." ♣

Grosse Pointe sponsors include Connie and Bill Albrecht, Hon. Matthew and Kate Rumora, Chris and Bridgette Murray, Grace Community Church, Karen and Richard Yaeger-Stiver, Col. Phil Sheridan, Dr. Ali Moiin, Dr. William Kupsky and Francesco Bommarito



Back row, Ta, James and Daryl; front, Neal, Davian and Boogie





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# Meet Cathy



<b>Name</b>	Cathy Walker
<b>Age</b>	58
<b>City</b>	Grosse Pointe Shores
<b>Occupation</b>	Interior designer and owner of Arkay Walker Interior Design

## Cathy's Favorites

### Season

Summer

### Movie

*Parent Trap*

### Music Genre

80s alternative and classical

### Vacation Spot

Anywhere in Europe

### Spot in Grosse Pointe

Anywhere near the water

### Book

*Jonathan Livingston Seagull* by Richard Bach

### Restaurant

A little oceanside place in Malaga that serves the best avocado rolls

### Sports Team

Red Wings

### Food

Sardines in Spain

### Dessert

Fresh whipped cream atop anything

### What is your favorite thing about living in Grosse Pointe?

I love living so close to the water and being a part of such a family-oriented community.

### What are two of your best personality traits?

I would say my best personality traits are my creativity and dedication.

### What is the best trip you've ever taken?

I recently went with my family on a trip to Europe. It was the best vacation I've ever had and we hope to visit again next year.

### What is the best gift you've ever received?

Time. Life is short and we're all so busy most days, so when someone makes time to get together, I consider it a gift.

### What is one thing not many people know about you?

I really enjoy gardening with my husband.

### You win the million dollar lottery. What do you do?

I would give most of it away, buy myself a beach house and then play again.

### What accomplishment are you most proud of?

My family. I've been blessed with a wonderful family that truly loves and supports each other. For that I am very proud and grateful.

### Words to live by?

My friend often reminds me to be sure the lemon is worth the squeeze.

## About Cathy

Cathy and husband Rick have two children, Kendal and Morgan Adam. "My family is the most important aspect of my life and I don't know where or who I would be without them," she says.

An interior designer and owner of Arkay Walker Interior Design, Cathy is passionate about her work. "I love being an interior designer because it allows me to express myself in creative and colorful ways no other profession ever could," she says.

Cathy also enjoys music, golf, vacationing and spending time with family and friends. "I look forward to traveling more often in the near future and exploring new places both near and far."





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# Harvest time

By Lina Bowman

For years you have sowed your seeds of wealth, tucking away a portion of your income, saving and investing along the way. Now that you have grown your assets, it's time to start reaping the benefits and taking income.

While this may appear to be a simple matter of selling a particular stock, taking distributions is more complex. Determining which assets to liquidate and when to do so requires careful analysis of projected returns, income streams and taxable consequences.

Generating stable monthly income for the remainder of your life is no easy task. Many factors come into play, the most important being the risks of "sequence of returns" and longevity.

Sequence of returns is simply the order of your investment returns. It can become a risk when you approach retirement and begin to make withdrawals. If you are fortunate enough to experience strong returns in the early years of retirement, you may not have any problems. However, if you retire during a down market, withdrawals can do lasting damage to your portfolio. A sound strategy can help mitigate this risk.

Longevity risk is making sure your assets last as long as you do. Medical and technological advances improve the lives and extend life expectancies. Planning for longevity is critical to income planning.

Distribution may seem simple, but it could be the most overlooked aspect of financial planning. Income planning requires foresight and a process. Distribution is an art, and it requires a wealth manager.

Lina Bowman is a financial adviser in Grosse Pointe. She can be reached at (313) 343-0800 or Lina@BowmanAsset.com.



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# Think before you react

By Anna Bartolotta

So what happens when you are in the running to purchase a sought-after investment property in Grosse Pointe? You will first need to take a moment to look at the following points to make sure your hard-earned savings aren't being drained by your possible new score.



- Do you need to spend money to find tenants or are they in place and current on rent?
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- Will the rent roll cover expenses, or are you spending monthly to keep this building afloat?
- How old are the mechanical systems and roof?
- Will the property taxes increase once you purchase, and how much are you spending monthly to protect your asset against an accident?
- Is this structure up to the city's approval?
- Do you have a team in place, such as a handy person for repairs, or some knowledge of Michigan's landlord/tenant rights?
- What do you see the area doing in the next decade?

There are more possible scenarios in an investment purchase. If you do your homework, and it makes good financial sense, you go and get your investment!

*Anna Bartolotta is owner of Grosse Pointe Apartments and Property Management. This area's only dedicated, full service, full time rental agency staffed with licensed agents.*



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# GROSSE POINTE THEATRE SEASON PREVIEW

The 2016-17 Grosse Pointe Theatre season is jam-packed with big name classics.

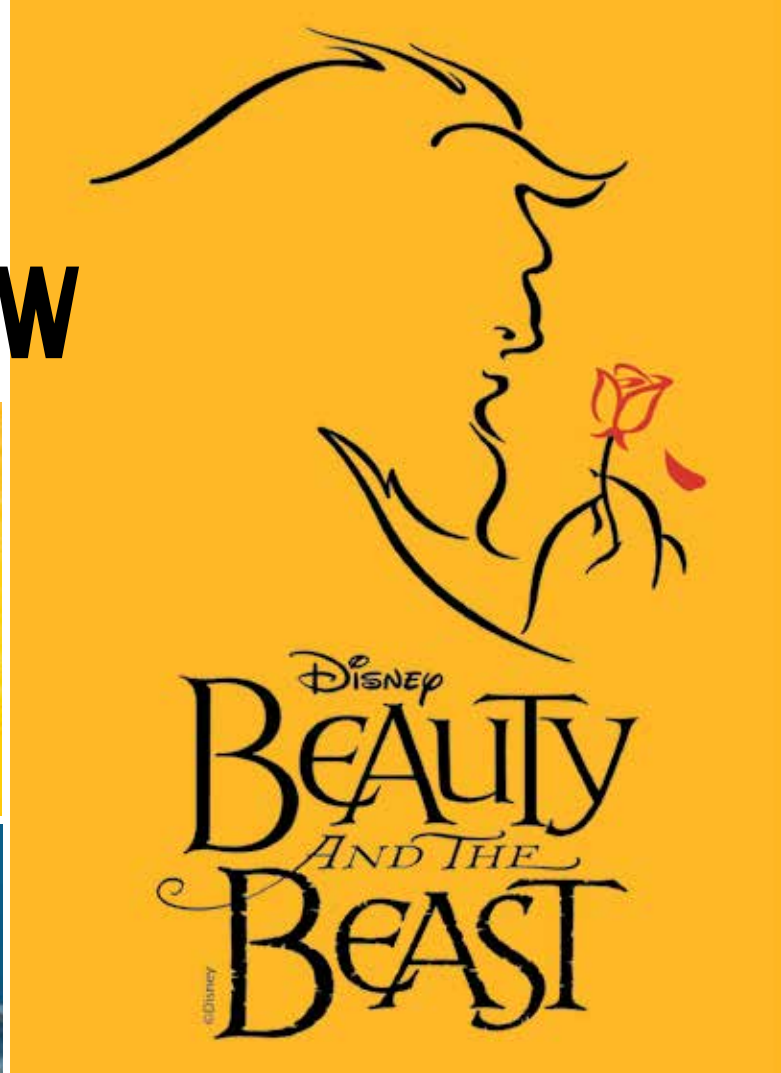
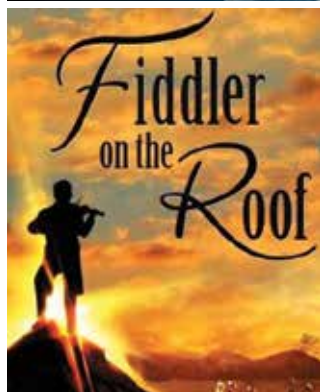
“We’re really excited about this season’s shows. All five shows are also well-known movies, starting with the wonderfully entertaining, *Singin’ in the Rain* in September,” says Grosse Pointe Theatre president Jef Fisk. “The cast of this show will dazzle our audiences with their dancing expertise.”

“Other musicals will include favorites, *Fiddler on the Roof* and Disney’s version of *Beauty and the Beast*,” Fisk says. “For our non-musicals, we’ll be presenting the hilarious *Sunshine Boys* and the Tennessee Williams classic, *Glass Menagerie*.”


***Singin’ in the Rain*** brings to life Hollywood in the 1920s, when silent pictures were giving way to the ‘talkies.’ It’s a light-hearted spoof of Hollywood as the advent of sound changes all the rules. The classic musical includes some of the best-loved comedy routines, dance numbers and love ballads ever written. *Singin’ in the Rain* runs Sept. 18, 22-25, 29, 30 and Oct. 1.

***The Sunshine Boys*** reunites Al and Willie, or ‘Lewis and Clark,’ who were top-billed vaudevillians for over forty years. Now, they aren’t even speaking to each other. When pursued for a ‘History of Comedy’ retrospective, a grudging (and hilarious) reunion brings the two back together. *The Sunshine Boys* runs November 6, 10-13 and 17-19.

***Fiddler on the Roof***, set in the little village of Anatevka, centers on Tevye, a poor dairyman and his five daughters. With the help of a colorful and tight-knit Jewish community, Tevye tries to protect his daughters and instill in them traditional values in the face of changing social mores and a growing anti-Semitism in Czarist Russia. *Fiddler on the Roof* runs Jan. 22, 26-29 and Feb. 2-4, 2017.



***The Glass Menagerie***, set in the Great Depression, revolves around a young man begrudgingly supporting the family his father abandoned, including a shy and crippled sister, whose preoccupation with a collection of glass animals draws her away from reality. *The Glass Menagerie* runs March 12, 16-19 and 23-25, 2017.

***Beauty and the Beast*** is the classic tale of the Beast who must reverse his curse through falling in love and being loved in return and the beautiful Belle who could make it possible. *Beauty and the Beast* runs May 7, 11-14 and 18-20, 2017. 

**For performance times and tickets, visit [gpt.org](http://gpt.org) or call (313) 881-4004.**



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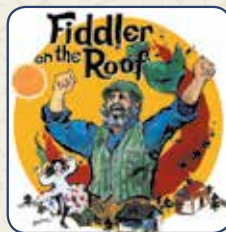
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# Veteran journalist writes the book on Breast Cancer

By Beth Quinn

Grosse Pointe Woods resident Pat Anstett is on a mission. She wants to expand the discussion about breast cancer to include reconstructive breast surgery.

"This is an important women's health issue that just hasn't gotten the attention it needs," says Anstett, author of *Breast Cancer Surgery and Reconstruction: What's Right for You*. Many misconceptions remain, including the impression that most women emerge from a single surgery with new breasts."

In the newly released book, Anstett brings her experience as an award-winning medical writer to help women sort through the myriad of options they face after being diagnosed with breast cancer. The book covers lumpectomies, mastectomies; breast and nipple reconstruction; and living flat-breasted or one-breasted, without reconstruction.

In addition to discussing medical issues, Anstett provides insights from breast cancer survivors about the challenges these women faced on emotional issues, such as the lost of sexuality and feeling of well being.

For nearly three years, Anstett traveled throughout the country doing research for the book. She interviewed medical experts and survivors, including women with extensive family histories of breast and ovarian cancer.

Anstett also visited breast surgery centers to observe pioneering procedures, such as nipple-sparing mastectomy and tissue-based breast



## BREAST CANCER SURGERY AND RECONSTRUCTION

What's Right for YOU

Patricia Anstett,  
with photography by Kathleen Galligan



reconstruction.

The book is available for purchase through the publisher, Rowman & Littlefield, as well as at Amazon.com and select bookstores. For more about the book, including how to order it, go to [bcsurgerystories.com](http://bcsurgerystories.com).

The website is also a clearinghouse for breaking news and resources on surgeries and reconstruction innovations. It will also list upcoming programs about breast cancer surgery and reconstruction with medical experts. ☐

### UPCOMING BOOK-SIGNING EVENTS

- Sept. 29: St. John Providence Van Elslander Cancer Center, Detroit
- Oct. 6-8: Annual conference, Facing Our Risk of Cancer Empowered (FORCE), panel moderator, Orlando, Fla.
- Oct. 17: Metro Detroit Book and Author Luncheon, Burton Manor Banquet and Conference Center, 27777 Schoolcraft Road, Livonia
- Oct. 26: Gilda's Club of Metro Detroit



# Eat well to be well

By Dr. Saima A. Khan

Most of us remember the recommendation for 5 servings of fruit and vegetables daily, but we forget the “More Matters” campaign that stressed 7-10 servings of fruit and vegetables. Fewer servings do not impart the full protective and disease fighting benefits of fruits and vegetables. More is ... more.

Many people have a hard time getting to even 5 servings a day. Maybe “5” seems like a lot but one “serving” is only 1/2 cup (or 1 medium piece) of fruit, 1 cup of leafy vegetables or 1/2 cup of cooked or raw vegetables. Think of it as at least 2 cups of fruit and 2 1/2 cups of vegetables — much more manageable.

But I have found that if we focus on the vegetables more than the fruit and have one vegetarian meal a day, we can reach the goal easily.

Harvest time is here — enjoy nature’s bounty! Adding apples, blueberries, etc. (unsweetened, fresh or dried) to your breakfast is a great start (1 serving). Throw extra veggies into marinara sauce (1 cup = 2 easy servings!). Leave a veggie platter of carrots, broccoli, etc. out all day for snacking (another serving or two). Salads are great lunches or dinners (2 more!). Heirloom tomato sandwiches (another serving) go great with lentil soup (1-2 more!). Fruit juices are deceiving. Their sugar isn’t balanced out by the fiber and nutrients of whole fruit. Whole fruit smoothies are better (1-2 more servings). That’s 9-12 servings already.

See? Easy!!

Dr. Saima A. Khan, MD, MPH grew up in Grosse Pointe Farms and lives in the Woods with her husband and three daughters. She practices internal medicine in Warren, 28351 Schoenherr, (586) 393-6500.



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## Drab to Fab Dorms


By Virginia Ficarra



Create comfort, not color clutter. To make a smooth transition into a tiny unfamiliar space, pack with purpose and shop to blend. Dorm rooms are usually less than attractive. To avoid poor results, add these nifty shopping and organizing tips to your to do list.

1. Color is the fastest way to set the mood of a room; blending it helps avoid color clutter. Hues range in intensity, from restful blues, greens and purples to active yellows, oranges and reds. Choose colors based on the mood you want to achieve, such as browns in the top left image.
2. Color-code packing boxes with duct tape to identify contents.
3. Organize various chargers and matching game cords with patterned tape and compartmentalize them in a box, drawer or silverware trays.
4. Caddy your grooming or cosmetic items into an inexpensive shoe storage bag. A plastic container makes a great first-aid or sewing kit; you never know when it may be needed.
5. To save drawer space, roll non-wrinkle clothing in rows as if you are packing luggage.
6. Make life easier with a loose-leaf notebook for class schedules and take-out menus.
7. Keep belts, ties and scarves organized on shower rings attached to a wooden pant hanger.
8. If your roommate is on the same page, breathe new life into the room by coordinating the color of bed covers. For easy maintenance, add a bamboo floor rug between the beds.
9. Convert a wooden bunk bed into a cozy respite. Attach a closet spring rod onto the framework to hang a fabric or shower curtain.
10. In minutes, make a no-sew Tootsie Roll pillow for reading comfort.



Gather two towels the same size. Lay one flat. Fold the other in half lengthwise and lay it down in the middle of the flat towel. Roll them up together and secure each open end with a strong rubberband or a decorative cord. For a beach tote, toss in sun screen and a bathing suit before you roll the towels. 

*Decorating mistakes are easy to make, difficult to live with, and costly to change. Do it right from the start. Send comments and questions to Virginia Ficarra, Design Psychologist® and photographer, at [colorwizard@me.com](mailto:colorwizard@me.com).*

*Inquire about ordering the book Making Color Work for more money saving tips and decorating ideas.*



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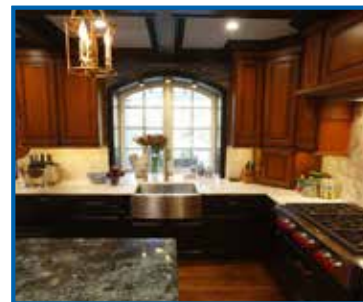
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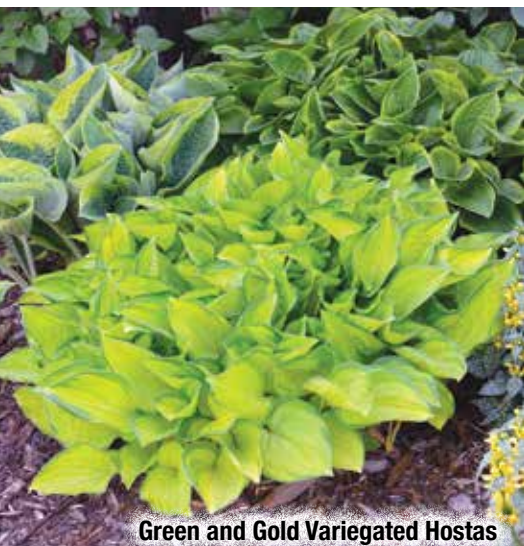


# Help Next Year's Garden This Autumn

Photo by Rebecca Finneran, MSU Extension

By Beth Quinn

As summer comes to an end, many people think their days in the garden are numbered. However, savvy gardeners know spending a little extra effort in the fall pays off big in next year's garden.



Green and Gold Variegated Hostas

Early fall is an optimal time to plant new or transplant existing plants. Since these processes can put plants into shock, they will recover faster in the cool, moist conditions that normally occur in autumn. However, be sure to water consistently for the first two weeks after planting and during a dry spell.

Overcrowded perennials benefit from being divided now as well. If you don't divide them every few years, your perennials most likely are producing smaller flowers and no growth in the middle. Be careful to replant your perennials soon after division to prevent the roots from drying out.

Weeding is one of the most important chores to be performed in the garden. Be diligent throughout the fall months about cleaning weeds out of beds so they don't overwinter in your garden. It prevents weeds from going to seed, developing deep roots and multiplying next year.

Give your plants a blanket of chopped leaves or compost for protection from winter's harsh conditions. By digging organic matter into your beds, it helps to prevent soil erosion. The worms and other beneficial insects will burrow through the soil to keep it well aerated. This helps to loosen clay soil, promoting healthy roots in plants.

While you are in your yard, don't forget about your lawn. As soon as leaves start falling on your grass, remove your mower's bag to let those shredded leaves and chopped grass decompose into your lawn. When you rake up leaves, you are actually throwing away hundreds of dollars in nutrients that promote a healthy, lush lawn next year. Think of it also as a time saver since you won't be bagging or dragging leaves to the curb.

By doing these few chores, you will have a jump start on a beautiful yard next year. ☺



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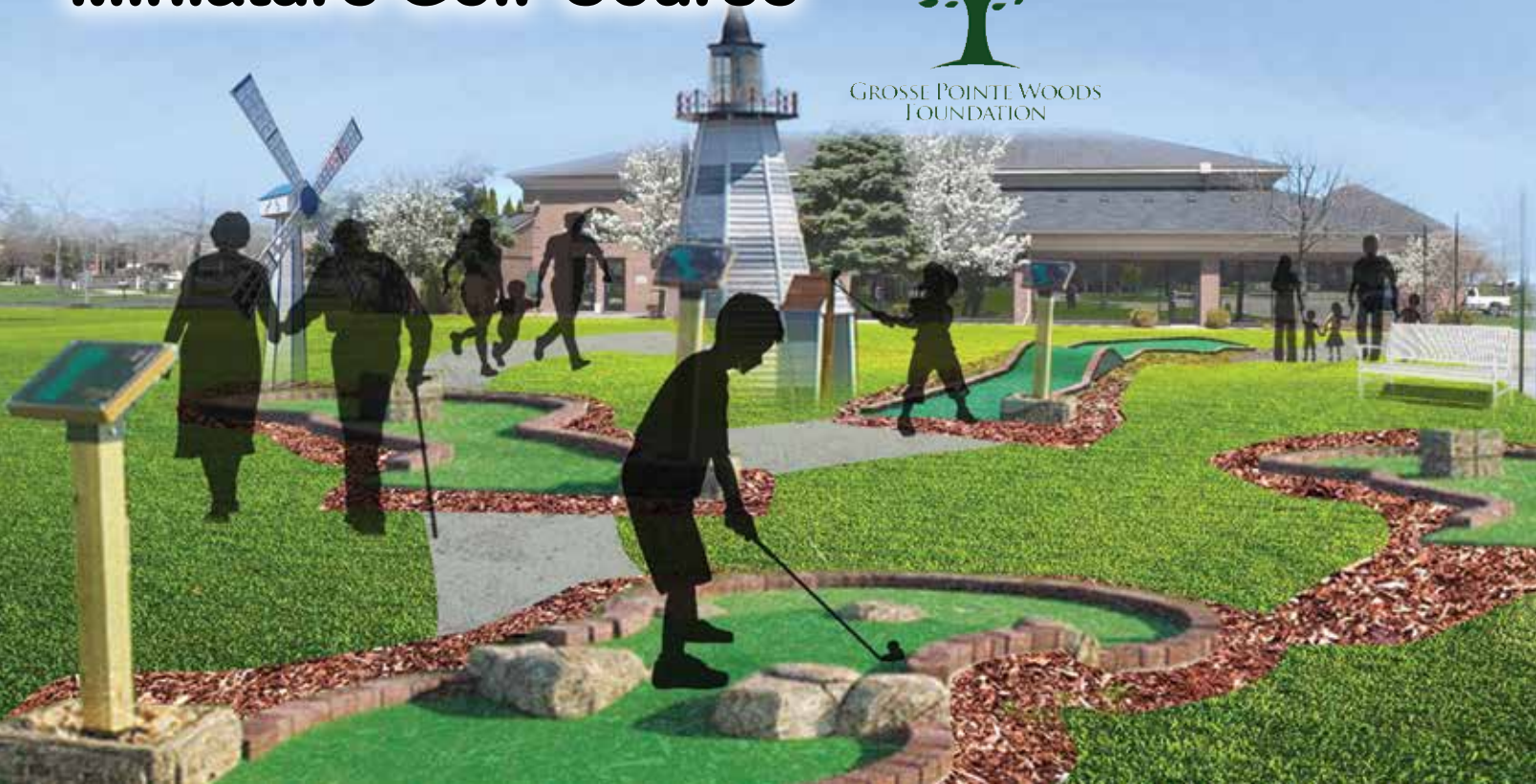
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# Woods Foundation Plans Miniature Golf Course



GROSSE POINTE WOODS  
FOUNDATION



By Jim Stickford

**F**ore!  
That's what they might be saying at Grosse Pointe Woods' Lake Front Park if the Grosse Pointe Woods Foundation is able to raise the money needed to construct a miniature golf course at the site.

Foundation director Rob Nederhood says the idea to put a miniature golf course in the park came from fellow foundation director Lisa Fuller.

"Lisa has done a great job working to make this project possible," Nederhood says. "Right now we're in the fundraising phase."

The proposed golf course would be near the park's activities building, Nederhood says. It would be a traditional 18-hole miniature golf course and nine of the holes would be built to be handicapped accessible.

"That area of the park already has playground equipment," Nederhood says. "So the golf course would fit right in. The foundation supports this miniature golf course for a couple of reasons. One is that after doing our due

diligence, we thought it will bring some positives to the community as a whole. The goal of the foundation is to provide amenities for the community."

Secondly, Nederhood says, miniature golf is an activity that can be "enjoyed by people from the age of three to 93."

"It's something teenagers can play and it's an activity that the whole family can play, and it can be a winter activity," Nederhood says. "We at the foundation have estimated that it will cost about \$200,000 to build the course. We hope to raise that money within the next couple of years."


And, Nederhood says, no other Grosse Pointe has a facility like this in their parks. The Woods would be the first.

Nederhood says the foundation has a good donor base that it can tap.

And they are providing the opportunity for donors to have naming rights to

features at the course.

"For \$25,000 you can have the right to name the whole course," Nederhood says. "For \$7,500 you can sponsor a bench. We want the course to have a nautical theme that will include a lighthouse. The naming rights for that is available."

To learn more about the project and how to be a sponsor, Nederhood says people can visit the foundation's website at [gpwfoundation.org](http://gpwfoundation.org). 

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**AUTHOR TALK WITH TOM STANTON**

The Friends of the Grosse Pointe Public Library will present an “Author Talk” with Tom Stanton, author of *Terror in the City of Champions*, on Thursday, Oct. 6, at 7 p.m., at the Grosse Pointe Unitarian Church, 17150 Maumee.



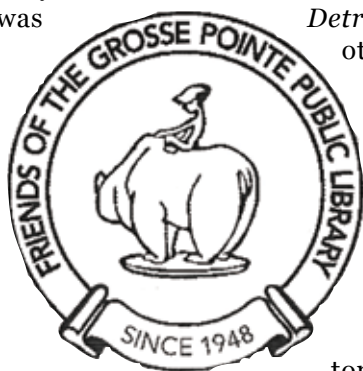
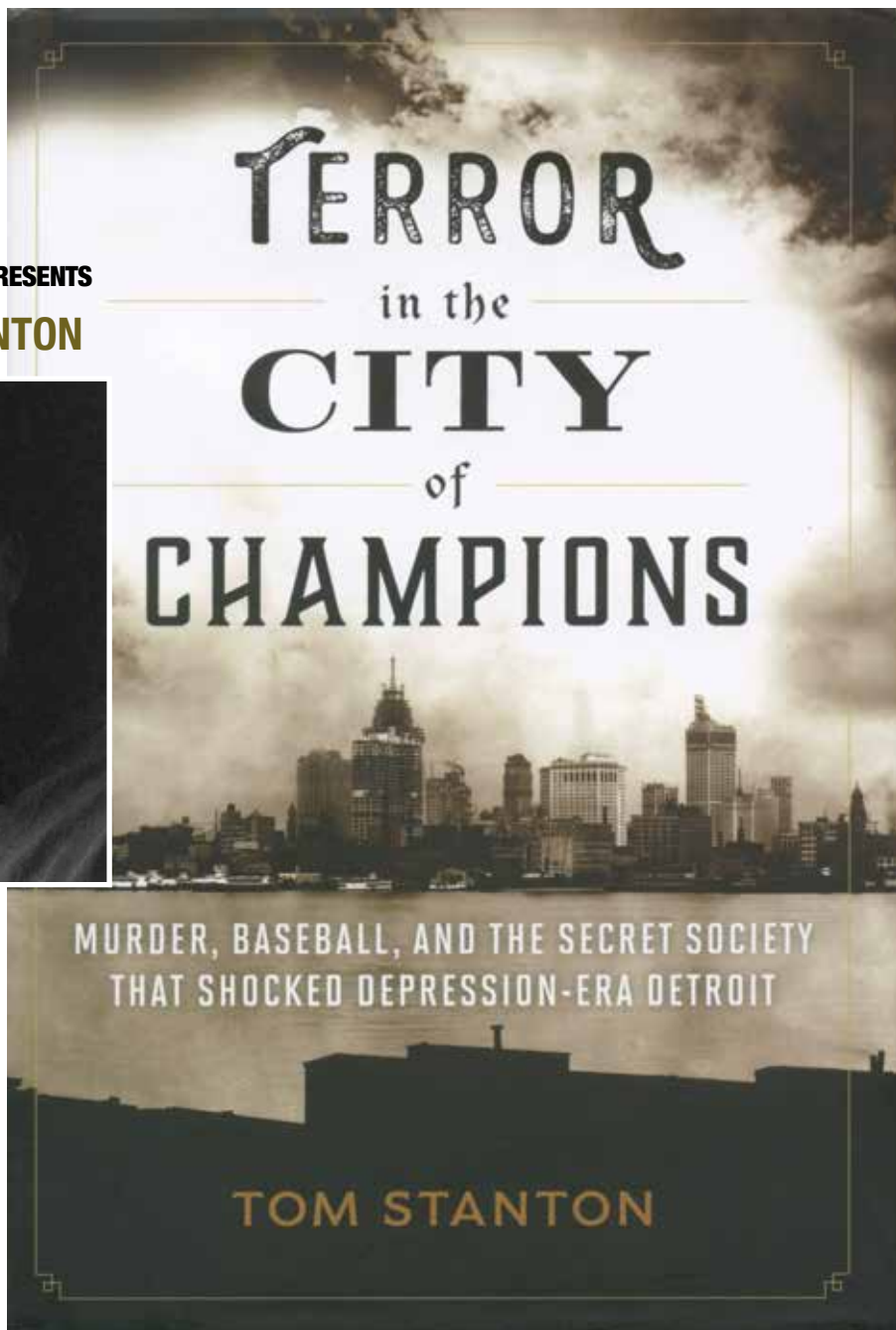
A longtime Detroit-area journalist, Stanton is the author of six books of nonfiction. A New York Times Sports Bestseller, *Terror in the City of Champions* delves into murder, baseball and the Black Legion secret society that shocked Depression-era Detroit and the nation.

Pulitzer Prize-winning author David Maraniss has called the work a “captivating slice of American history.”

It has also been praised by national political columnist and best-selling baseball author George F. Will. “Today, Detroit is a shadow of its former self. This fascinating book reveals what an astonishing place it formerly was,” Will writes. “Eight decades ago, it was a boiling cauldron of social extremism, extravagant criminality, and athletic excellence.”

Stanton’s other books include the critically acclaimed Tiger Stadium memoir *The Final Season* and the Quill Award finalist *Ty and The Babe*.


Stanton has appeared as a guest on NPR, CNN, ESPN and FOX networks, and his columns and op-ed pieces have been published in *The New York Times*,



*Detroit Free Press*, *New York Daily News* and other major daily newspapers.

A professor of journalism at the University of Detroit Mercy, he holds degrees from Michigan State University and Oakland University and spent a year as a Knight-Wallace Fellow at the University of Michigan.

He and wife Beth Bagley-Stanton live in New Baltimore.

He can be reached through his website: [www.tomstanton.com](http://www.tomstanton.com). 



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Bogart's Food and Spirits was established in 2005 and was started by Gary Van Biervliet. Gary's son, Jason, quickly began helping his dad out in the kitchen. Before he knew it, Jason realized that the kitchen of any restaurant is the main vein in the business. He later quit his second job to focus more on the dining experience. Seeing the passion that his son had to change and redevelop the business, Gary made an offer to his son to inquire about buying the restaurant from him. Jason accepted and saved up for a few years, working harder to make a down payment. After finishing culinary school at the Art Institute of Troy, and three years of hard work and savings, Jason's vision of serving up delicious, real, honest food came true. Since the switch, Bogart's has exemplified the eatery experience by mixing Detroit's Eastern Market resources with in-house freshness and skill. From the infamous Bogart's Burger, to the raved about Bread Knots, Bogart's has become a hot spot right at Detroit's Grosse Pointe border. Jason changed the name to Bogart's Food and Spirits after expanding the menu to feature a larger variety of craft beer, wine and liquor. He is set on making the next 10 years even better and making Bogart's a great staple for anyone looking to watch the game, grab a beer with a friend, enjoy a delicious pizza, or for anything in-between. We look forward to serving you soon! 

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Dinner: Mon-Thurs 4:30-9:30pm, Fri 4:30-10pm, Sat 5-10pm, Sun 4-9pm



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Photo by Donald Schulte

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Hours: Tues 11:30am-8pm; Wed-Thur 11:30am-10pm; Fri 11:30am-11:30pm; Sat. 4pm-11:30pm

Web: [www.dirtydogjazz.com](http://www.dirtydogjazz.com)



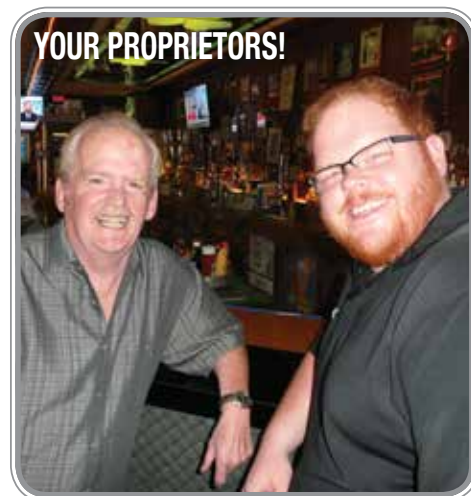
## Irish Coffee Bar and Grill HOME OF THE ORIGINAL BAR BURGER!

18666 Mack Avenue, Grosse Pointe Farms • (313) 881-5675

Irish Coffee Bar and Grill has been a staple on Mack Avenue in Grosse Pointe Farms for **35 YEARS**, notable for their fantastic bar burgers (1/3 lb ground rounds) and numerous coffee cocktails. Three high-definition TVs make this neighborhood bar a great place to watch the game. Swing by after the game or any entertainment event in the area, bring your ticket stub and your burger is only \$2.96 with purchase of a beverage! The daily lunch special is the best in town: dine-in between 11 a.m. and 5 p.m. and for \$6.95 have a ground round, fries and your choice of beverage (domestic draft beer or pop). This is also good for a fish sandwich or a grilled chicken sandwich. This family-owned restaurant is a great spot for young and old, and there is something on the menu for everyone. The homemade onion rings are a local favorite, and the fresh and hand-battered yellow-belly perch are particularly popular among seafood lovers. Numerous corned-beef sandwiches top off the menu with a true, Irish flare. The grill is open until 1 a.m., seven days a week! Hope to see you there! 

Hours: Mon-Sat 11am-2am; Sun 5pm-2am


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## Little Tony's - Lounge in the Woods

20513 Mack Avenue, Grosse Pointe Woods • (313) 885-8522

Little Tony's is Grosse Pointe's favorite Bar & Grill. A place where families and friends have gathered for over 40 years for good food and good cheer. Cozy, quaint and warm, it's a throwback to when a business was run by an owner and not a corporation. A real neighborhood bar, where locals meet and everyone really does know your name. Serving only the freshest of Ground Rounds (they're delivered daily), Little Tony's has made a name for itself as "the place" to go on the east side for Great Burgers. Cooked to order and served with an array of extras, you are sure to have your burger craving satisfied here. Voted "Best Burger on the East Side" by the Detroit Free Press and Grosse Pointe Patch. The menu, although small, has a lot more to offer. Delicious Reubens, succulent Turkey and Ham sandwiches, Fish and Chips, Tuna Melts to die for, and don't forget Carol's Famous Chili. Our extensive bar is complimented by a great selection of beers, ales and wines. Dine on our beautiful, open-air patio during the summer months. Family friendly, so bring the kids, our great wait staff can't wait to serve you. 


Hours: Mon-Sat 11am-11pm

Web: [www.littletonysgp.com](http://www.littletonysgp.com)



## Luxe Bar & Grill

115 Kercheval, Grosse Pointe Farms • (313) 924-5459

Luxe is the neighborhood spot that serves quality food, drink and atmosphere — without pretense. Hospitality is our passion — quality and taste are the priority. We believe the character of a bar is its patrons, and we welcome all seeking food, company and friendly conversation to enjoy our charmed local bar. An eclectic menu features fantastic Prime Burgers on homemade brioche buns, as well as scratch soups, salads and entrées, including chicken, salmon, lamb chops and steaks in a variety of different daily preparations. Chef Nikola Culakovski embraces various elements of traditional and new American cuisine. 

Hours: Daily 11am-1am (Kitchen closes at midnight.)


Web: [www.luxebarandgrill.com](http://www.luxebarandgrill.com)





## Mack Avenue Grille

19841 Mack Avenue, Grosse Pointe Woods • (313) 886-0680

As the Mack Avenue Grille enters its fourth year under the ownership of veteran restaurateurs Louie and Dino Ropotos, they would like to kick things up a notch to complement the fine wines and premium beers they began offering last year. The brothers are adding some new fine dining dishes to their menu, including pan-seared and broiled Alaskan Cod, broiled Salmon, Classic Lamb Chops, Chicken Piccata and Chicken Marsala and more to their standard fare, including 31 gourmet salads and breakfast favorites, such as the ever-popular Very Berry Crème Brûlée French Toast. And true to their heritage, the Ropotos Brothers are announcing Saturday evening **GREEK NIGHT**, featuring all classic and favorite dishes. Of course, they are not forgetting what made Mack Avenue Grille more than a diner. They will continue to offer three homemade soups du jour or freshly homemade chili daily, burgers and all manner of diner sandwiches, fresh-squeezed orange juice and three-egg, whipped omelets of all combinations. All ingredients are fresh — no frozen fish here! 

Hours: Mon-Sat 7am-8pm, Sun 8am-3pm



## Mike's on the Water

Located in Michigan Harbor/Colony Marine (enter thru automatic gates)

24600 Jefferson, St. Clair Shores • (586) 872-2630

The 2016 season has been going gangbusters!!!! Our 6th season is bigger and better than ever! Our fun and cozy atmosphere makes Mike's a fabulous place to unwind. With '70s era music, great food and drink prices and a very friendly staff, Mike's is a great place for people of all ages. We are family oriented and have a great kids menu. Our menu has everything from burgers and sandwiches to fried fish and daily fresh-catch specials and great salads. Try our "Lobster Roll" — over 20,000 sold! Food prices range from \$4.25-\$13.95. Mike's Nautical Hour (happy hour) featuring special prices on favorite libations runs from 3-6 p.m. every day. Watch your favorite sports teams at our fun bar. Mike's boasts ample parking, 26 boat wells with docking for up to a 48-foot vessel and a floating dock for personal watercraft. **Come check out our new menu items, including Mike's NEW Tomato Mozzarella Salad, Fish Tacos and Lobster Bisque! There are still lots of good days and nights left on the deck!**

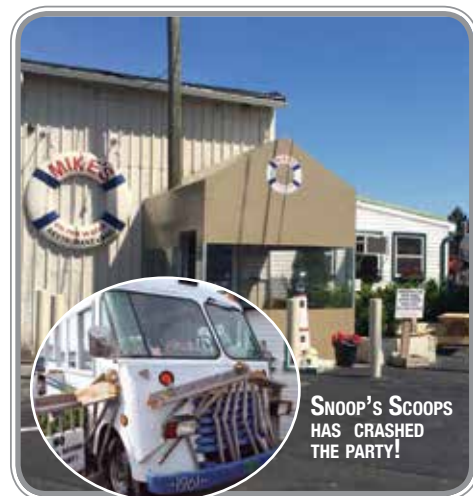
Your host, Mike LeFevre

Book your parties here!

Bar Hours: Mon-Sat 11:30am-close; Sun noon-close

Kitchen Hours: Mon-Thur 11:30am-10pm; Fri-Sat 11:30am-10pm; Sun noon-9pm



Web: [www.mikesonthewater.com](http://www.mikesonthewater.com)



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## Morning Glory Coffee & Pastries

85 Kercheval, Grosse Pointe Farms • (313) 647-0298

It's Grosse Pointe Farms' favorite "go-to" spot! Morning Glory Coffee & Pastries boasts everything from torts, cakes and pies from its full-service bakery to delicious soups made fresh each day. A standout for the coffee shop is its liquor license — guests may enjoy specialty coffee drinks, such as Spanish and Irish coffee, wines by the glass and even a "spiked" lemonade and smoothies! Stop in early for that first fresh-brewed "cuppa" with a homemade pastry and come back for our fresh signature salad.  

Hours: Mon-Sat 6am-6pm; Sun 9am-3pm

Web: [www.MorningGloryGrossePointe.com](http://www.MorningGloryGrossePointe.com)



## Pepperoni Grille

22411 Greater Mack, St. Clair Shores • (586) 774-3998

As its name implies, Pepperoni Grille is a cheerful spot set in a welcome, casual atmosphere. The eatery features a small bar and dining room on one side of the central open kitchen, and a second dining room on the other side. It offers notable pizza along with a number of popular dishes from Calamari, Chicken Picatta and Lake Michigan Perch to Filet Mignon and New York Strip Steaks and Baby Back Ribs. The staff is friendly and courteous. The full bar offers wine, liquor and beer. Our Reverse Happy Hour from 8 p.m. to close 7 days features \$2 domestic beers, \$5 martinis and 1/2-off appetizers. Tuesday is half-off pizza all day, dine in or carry out. Wednesdays feature two signature pasta dishes and a bottle of wine \$38.



**Hours:** Mon 4-10pm; Tues-Thurs 11am-10pm; Fri 11am-11pm;  
Sat noon-11pm; Sun 3-9pm  
**Web:** [www.pepperonigrillescs.com](http://www.pepperonigrillescs.com)



## Shores Inn

23410 Greater Mack St. Clair Shores MI 48080 • (586) 773-8940

Established in 1937 and under the same ownership since 1969, the Shores Inn has been a local favorite for generations. Featuring 150 craft beer selections, an enclosed heated patio (with fire pit) and Happy Hour 7 days a week (buy one appetizer, get one free of equal or lesser value with two beverage purchase), the Shores Inn is a popular gathering spot for all ages. Delicious, homemade pizza has just been added to the extensive menu and daily specials keep hungry guests coming back:

**Monday** - Burger Bash (burger and fries) \$5.49.

**Tuesday** - 1/2 off pizza!

**Wednesday** - All you can eat Perch \$12.99, 4-9 p.m.

**Thursday** - Fajita Frenzy \$10.99; Rib Rave (1/2 slab with fries) \$10.99

**Sunday** - Prime Rib \$14.99



**Hours:** Mon-Sat 11am-2am; Sun Noon-2am  
**Web:** [www.shoresinn.com](http://www.shoresinn.com)



## Sierra Station La Cantina

15110 Mack Avenue, Grosse Pointe Park • (313) 822-1270

The Sierra Station was established in 1977 and has transformed into a favorite Grosse Pointe Park destination. The Sierra Station prides itself as a family-style Mexican restaurant, offering affordable dinners. Most impressive is the food! Few restaurants survive 39 years unless they have great food. The entrée menu features more than 30 dishes served with the standard rice and beans. House specialties are the Verda Sauce and Chili Relleno. It is one of the few places you can sit down, eat authentic Mexican food, have a Margarita, enjoy the South-of-the-Border ambience and bric-a-brac and let your kids run free. The patio veranda is an ideal space to throw your wedding party, family celebration or business luncheon. Prefer an indoor setting for your event? Sierra Station has a private dining room filled with beautiful authentic decorated space capable of setting 40 guests. Join us on Thursdays for \$3 Jumbo Margaritas. Carry-outs available.



*There's still time to dine and have a relaxing drink in our gorgeous patio!*

**Hours:** Lunch: Thurs-Fri 11:30am-1:30pm  
Dinner: Open daily at 5pm  
**Web:** [www.sierrastationgp.com](http://www.sierrastationgp.com)






Photo by Donald Schulte



## Steve's Backroom

24317 Jefferson, St Clair Shores • (586) 774-9337

Steve's Backroom has been an eastside staple for over 54 years providing quality Mediterranean Cuisine. Old World recipes are prepared under the careful eye of Bouchra Raffoul. Many traditional favorites, such as Stuffed Grape Leaves, Cabbage Rolls, Lamb Kabobs, Chicken Tawook, Fattosh Salad, Steve's Backroom Chicken Salad and the more popular Steve Salad with homemade Pomegranate dressing, just to name a few. In 2010, Steve's won the Small Business Award from the Macomb Region of the Small Business Administration, and in 2012 Macomb Daily readers awarded Steve's as its favorite Middle Eastern restaurant. Steve's bakes fresh pita bread for dine-in customers, and serves a limited pizza menu baked in a stone oven. A full bar is available as well as a banquet room that seats up to 40. Carry out catering is available. Steve's also serves breakfast Tuesday-Saturday starting at 8 a.m.   

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**Hours:** Mon-Thurs 8am-9pm; Fri-Sat 8am-9:30pm; Sun 8am-8pm

**Web:** [stevesbackroomjefferson.com](http://stevesbackroomjefferson.com)



## Telly's Place — Est. 1982

20791 Mack Ave., Grosse Pointe Woods • (313) 881-3985

As a staple of the Grosse Pointe Woods neighborhood since 1982, Telly's isn't your normal bar and grill. Walk in off Mack and you'll instantly notice that with over 30 years of history, a sense of warmth, friendliness and contemporary atmosphere abounds. Look around and you'll see a couple on a romantic date, sharing an order of our signature spinach dip and chips, a group of friends celebrating a birthday with our specialty martinis, or people sitting at the bar, watching the game on our flat-screen TVs. Everyone is welcome at Telly's. Everyone is family at Telly's. Owners and native Grosse Pointers Ty and Jimmy are committed to bringing you the atmosphere, quality and service that has made Telly's an institution. 

### Telly's Specials:

- Monday - \$4 Margaritas
- Tuesday - Bar Bingo 9 p.m.-Midnight  
WIN gift cards!
- Wednesday - \$5 Specialty Martinis
- Wednesday-Saturday  
Live Entertainment
- Sunday - .50 Wings and \$2.50 Domestic  
Beers

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**Hours:** Mon-Sat 11am-Close; Sun Noon-Close

**Web:** [tellysplace.com](http://tellysplace.com)



## The Big Salad

19587 Mack Ave., Grosse Pointe Woods • (313) 447-5666

**ARE YOU INTERESTED IN SOMETHING FRESH?** At the Big Salad we pride ourselves on our service, the quality of our produce and making your dining experience as enjoyable as possible. We know you have a choice and want you to be happy that you chose The Big Salad. The Big Salad is an exciting restaurant, with a welcoming setting that offers soups, salads, sandwiches, soft drinks and munchies, such as chips and cookies. Although a limited variety of pre-made salads will be available, The Big Salad specialty is in having its customers design their own custom salad. While the customer makes their choices, the chef behind the counter fills the customer's bowl with their selections. At no point is the customer ever touching the food. Finally, when the customer reaches the end of the line, they choose from a variety of dressings and select if they would like their salad tossed or chopped. The belief of The Big Salad concept is that customers today demand more custom options of their menu choices. Visit The Big Salad today or check out our full menu at [www.mybigsalad.com](http://www.mybigsalad.com). 

**Hours:** Mon-Sat 10:30am-8pm; Sun 11am-4pm

**Web:** [www.mybigsalad.com](http://www.mybigsalad.com)



# RESTAURANT GUIDE

## The Rattlesnake Club

300 River Place Drive, Detroit • (313) 567-4400

Detroit's finest riverfront dining experience celebrates over 25 years of innovative cuisine and outstanding service in our exquisite setting. We take pride in providing diners with an unparalleled, unforgettable culinary experience. Memories are made here as Executive Chef Chris Franz and his renowned team creatively prepare the highest quality local and seasonal foods using Prime Certified Angus Beef and non-farmed, sustainably-harvested seafood. The wine list shines with rare and boutique wines as well as an extensive craft beer list which complements a bar stocked with the finest local-to-global products. The award-winning restaurant's elegant dining rooms offer picturesque views of the Detroit and Windsor skylines, and in the warm weather months, the lovely Garden Terrace is a lush retreat. The Rattlesnake Club's beautifully appointed private dining rooms add an intimate ambiance to special celebrations and meetings, and the Stroh River Place Atrium, with its breathtaking blend of marble, brick & glass, is the ideal setting for corporate functions, vehicle displays and charity auctions. The Rattlesnake's stunning riverfront patio sets the stage for lavish wedding ceremonies and receptions. We'll see you at the 'Snake!

**Hours:** Tues-Thurs 11:30am-10pm; Fri 11:30am-11pm; Sat 5:30-11pm

**Happy Hour:** Thurs & Fri 4-7pm

**Web:** [www.rattlesnakedetroit.com](http://www.rattlesnakedetroit.com)



Photo by The Rattlesnake Club/Joe Vaughn

## Watermark Bar & Grille @ Jefferson Beach Marina

24400 Jefferson Ave., St. Clair Shores • (586) 777-3677

**The Watermark is Fine Dining at its Best** — With it's amazing views and classy but casual atmosphere, WaterMark Bar & Grille is your go-to place for drinks after work, a date with that special someone or that special event, or just a dinner out with the family. Louie and Dino Ropotos, owners of the popular Mack Avenue Grille, invite you to come by boat, car, bicycle or on foot to their newest culinary venture — the Watermark Bar & Grille at Jefferson Beach Marina on the Nautical Mile in St. Clair Shores. The Ropotos brothers have converted the former nightclub into a family-style waterfront restaurant. Like they have done at Mack Avenue Grille, all their food — from salads, to burgers, to vegetable wraps to pasta, to Lobster Mac & Cheese and daily fish specials — all their food is made from the freshest ingredients purchased daily. And you won't want to miss our great pizza offerings straight out of our new, state-of-the-art pizza oven! Our fabulous 40-stool bar and some 40 dining tables inside — not to mention the outdoor bar and deck — can accommodate any crowd. And don't forget to book your next event or organization outing in their dockside banquet room! Come in check out what everyone is talking about — the Watermark Bar & Grille! 

**Hours:** Daily 11am-Close

**Web:** [www.watermarkbarandgrille.com](http://www.watermarkbarandgrille.com)



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375 Kercheval Ave., the future home of the Grosse Pointe Historical Society Resource Center. GPHS will leave its current home at 381 Kercheval Ave.



## GROSSE POINTE HISTORICAL SOCIETY MAJOR ACQUISITION MARKS NEW ERA

Photos by Lauren McGregor

By Lauren McGregor

After 71 years operating out of schools, libraries, churches and rented space, Grosse Pointe Historical Society (GPHS) has found a home.

The acquisition of 375 Kercheval Ave., across Lakeview St. from the current resource center, marks the first permanent home for GPHS archives, research and staff.

"This is a huge step into the future," says GPHS president Patricia O'Brien. "It will be there for the community for years and years to come."

"I'm especially excited for the staff because they've worked in challenging, limited space," says board member Cathy Walker.

"Since the historical society has grown so much over the last twenty years, we are bursting at the seams," concurs director of education and collections manager Isabelle Donnelly.

The folks at GPHS won't have to worry about that much longer. In July, they closed on the property at 375 Kercheval Ave. and hope to move into the new space early next year.

'The yellow house' as they affectionately call it, was built by Adele and Gene Stover in 1969. Gene was known for

owning Gene's Party Store, where Jerry's is today. The Stovers' daughter, Lindell, listed the house.

"The other little building has a lot of potential to bring revenue in, possible classes, renting the space and more," says Walker. The new resource center, nearby cabin,

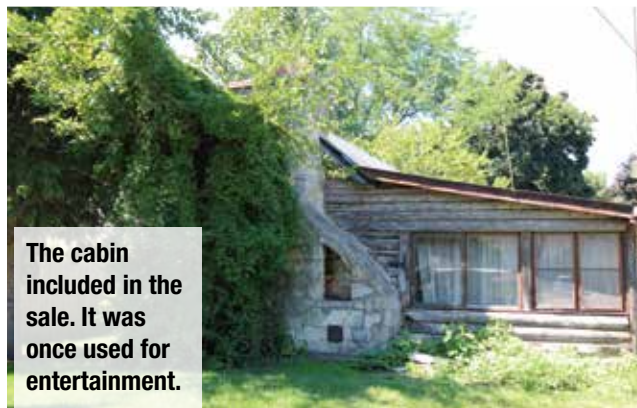
Provencal-Weir House and the log cabin behind the Provencal-Weir House make for the four-building minimum that constitutes a 'district.' Effective as of the sale, GPHS may now consider its collection of properties on Kercheval Ave. an official historic district.

"With Jerry's staying, there are all these icons right here," says Walker. "This district will get a lot of attention."

The historic district would offer the convenience of an old

party store, the Provencal-Weir House, with its constantly rotating activities, the resource center for residents' historical research needs and potentially a new rental space in the small cabin.

But before any of this can happen, an obstacle course of renovations lay before the historical society. GPHS vice president of conservation Jim Conway is leading the



The cabin included in the sale. It was once used for entertainment.



**Provencal-Weir House, home to Izzy's Second Saturdays, Ribbon Farm Days, historic house tours, special events and La Belle's Country Store**



renovation. A major contributor to the historical society, Conway works at historic Fort Wayne and in the past, on the Cadieux farmhouse. His to-do list with the new resource center is daunting, including temperature control, zoning, parking, meeting ADA (Americans with Disabilities Act) accessibility standards, repurposing interior, neighboring cabin renovation and more. Even with this work ahead of them, GPHS staff and board members remain optimistic about an early 2017 move-in date.

"This property will triple our space," O'Brien says. "It allows us to collaborate with other collections in Grosse Pointe."

To aid in these endeavors, GPHS is starting a capital campaign fund to be launched this fall.

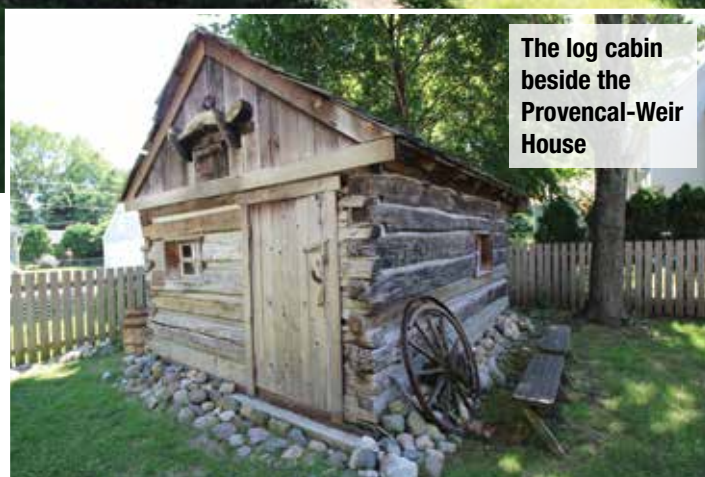
"Penny (Soby) put together a task force for the future of the organization," explains O'Brien, who completed Soby's term as president following her tragic passing in 2015. O'Brien was officially elected as president this June. Thanks to Soby's work, GPHS's future is a bright one.

After receiving a Ralph Wilson Foundation grant, the historical society will now be able to digitize its collection and make everything available online.

With Ann Rock at the helm of the capital campaign, O'Brien is hopeful. "We're very fortunate to have her."

With the extra space and designation of 'historic district,' O'Brien hopes for more visibility in the community.

"We don't expect day to day usage to increase, but the awareness to grow, and for the community to understand



**The log cabin beside the Provencal-Weir House**

what we provide," she says.

And GPHS provides a lot. Pop-up historical tours, old fashioned radio shows, educational programs, lectures, Provencal-Weir House tours, seasonal programs and, of course, an incredible historical collection and research team. With the expansion of their pop-up tours, GPHS hopes to introduce pop-up history exhibits.

"One-item history exhibits," O'Brien describes them. "Popping up at different locations in the community, for just a few weeks, with an interpretation attached."

"The acquisition has energized the board," she adds. "So many new ideas are coming out of it."

Another idea, 'Before and After' tours of 375 Kercheval Ave. are in the works. O'Brien also says to look out for an open house in the fall, including cider and donuts.

"The historical society is 71 years old," says O'Brien. "I think we've come of age with this acquisition."

To become a member of Grosse Pointe Historical Society or to inquire about any of its offerings, call (313) 884-7010. [Φ](#)





# OUR RIVERS, OUR LAKES

*a month-long artistic celebration of Michigan's waterways*

The Grosse Pointe Artists Association has made October 'Our Rivers/Our Lakes Month' and invites the community to join its members and collaborators in a celebration of the roles Michigan's waterways play in the lives of the state's residents and visitors.

"For the last 10 years, the Association's Our Rivers/Our Lakes exhibition has been our most popular," says Association president Karen Pope. "And since we're all about merging creativity and community, we have invited others in the community to share in the good vibes."


For the first time, members of the Grosse Pointe Camera Club will join the Association for Our Rivers/Our Lakes. Photos on the theme will be hung throughout the Grosse Pointe War Memorial. Works by Association members will be on display at Service for Older Citizens (SOC), 158 Ridge Road.

In keeping with the theme, Our Rivers/Our Lakes collaborators will hold an old-fashioned fish fry on October 20. The evening will open with Michigan-fresh appetizers on the War Memorial Terrace followed by a family-style fish fry at SOC. The K-Trolley will provide transportation between the War Memorial and SOC.

All proceeds from the event will provide art class scholarships for veterans and individuals suffering memory loss with eligibility to be

determined by SOC and veterans' groups.

The month-long celebration includes other happenings, including talks on the commercial and recreational uses of the Great Lakes and inland waters, an evening workshop on the challenges of capturing light on water and a show-and-tell lecture on canoe racing and its high-tech equipment.

For details on all activities, visit [grossepointeartcenter.org](http://grossepointeartcenter.org). 



**Top left, Bond Falls by Mike Florian; top right, Walk at Great Sand Dunes National Park by Karen Duffy; middle two photos, woodblock prints by Nobuko Yamasaki; right, Hidden Lake by Pat Tapper**





# Challenge the Wind

By Ted Everingham

The Challenge the Wind Youth Sailing Program, a Detroit-based learn-to-sail program, concluded its 2016 season last month with a graduation picnic and a ceremony to recognize the youngsters who had completed the program. The number of participants in the season just ended set a new record.



The program is based at Kean's Marina, across the Detroit River from Belle Isle where it was founded in 1999 by Grayhaven Sail Club. It started with just two 19-foot Flying Scot sailboats — hand-me-downs donated by the Detroit Boat Club — and a dedicated band of volunteers with a dream of teaching Detroit teens to sail.

With the continuing help from those volunteers, financial support, equipment and technical guidance from the Grosse Pointe Youth Nautical Education Foundation and Kean's Marina providing a permanent riverside home for the program, Challenge the Wind continues to grow. Today, it boasts a fleet of 10 boats.

Challenge the Wind's director, Harry Jones, noted that the young people in the program learn to master sailing quickly, but they also gain valuable, lasting life lessons about leadership and teamwork while overcoming their initial fear of being on the water, in many cases for the first time in their young lives.

For much more, including pictures, check out the program's Facebook page.

Ted Everingham's Great Lakes Log can be seen on alternate weeks on WMTV, a service of the Grosse Pointe War Memorial, on Comcast channels 5 & 915 in the Pointes and Harper Woods, on WOW channel 10 in Grosse Pointe Woods and on AT&T U-verse in seven counties in Southeast Michigan. For times, click on the WMTV page of [www.warmemorial.org](http://www.warmemorial.org) or check the WMTV listings in the Grosse Pointe News.

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# Full Circle Foundation

## Putting on the Glitz

By Beth Newhart

We are all used to seeing the folks of Full Circle Foundation at work in the community, whether it be at their store on Mack and Cadieux or their edible garden in Detroit. But sometimes, they just need to glam it up and have some fun.

On October 27, Full Circle will host its Glitz and Glam Gala. In their second year at the Roostertail, the evening will be focused on the kids and their fashion show, hence the name, Glitz and Glam.

"The reason it was so much fun last year is because there was always something happening," says this year's event chairperson, Debbie Graziani. "It wasn't a bunch of speeches."

With the help of Lori Stefek of Stefek's Auctioneers and Appraisers, the evening will be complete with both silent and live auctions, including items such as seven nights in an Australian villa, a trip outside of Tuscany, a Disney trip and a weekend for four to an equestrian facility in Temperance. A 101 Raffle

is already on sale; each ticket is \$100, and the winner will get their choice of one live-auction item.

There will also be a Cake Auction, and everyone donating is asked to really go out, "like 'Cake Boss,'" Graziani says.

"The best part of the evening [last year] was sharing the pure joy of the families and our community in accepting the uniqueness of these individuals with special needs," says Full Circle founder and director, Mary

Fodell.


"Everyone was celebrating and having the time of their life, kind of like Cinderella at the ball."

Tickets include an open bar and sit-down dinner, dancing to Nick Kuhl and The Gang as well as the auctions and the Full Circle Fashion Show. Proceeds will help fund Full Circle's programs and grow their space, says Fodell, which currently includes not just the store and garden, but also an educational kitchen, a commercial

laundry facility, an e-commerce room and classrooms which partner with the Grosse Pointe Public Schools. Beline and Tony Obeid are serving as this year's honorary co-chairs, Beline having been an active supporter of Full Circle since its founding seven years ago.

"We want it to feel like a big party," says Graziani. "Last time, everyone danced and closed the place down."

And it doesn't look like this year will be any different.

For tickets and more information, visit [fullcirclefdn.org](http://fullcirclefdn.org). 



**The Glitz and Glam Gala Committee 2016 for Full Circle Foundation, front, from left, Mary Jane Failla, Sue Banner, Beline Obeid, Debbie Graziani, back, from left, Beth Moran, Martha Khalidi, Jaye Thursam, Diane Kratz, Jayme Smolarz, Mary Fodell, Lori Stefek, Jodie Mellos and Evie Ansell, not pictured: Marie DeLuca and Judy McLoughlin.**



## College Documents

By Jon B. Gandelot

When young people go off to college, there are several legal documents they, and their parents, should consider. Once children are 18 years old, they are considered “adults” under the law. They are entitled to certain rights of privacy that are, in most cases, strictly enforced by colleges. Medical and academic records are particularly sensitive issues. Without proper legal documents, parents of a college-age adult will find it difficult to obtain medical or academic information about their child.



There are three essential documents each student should have while in college: a General Durable Power of Attorney (“GDPOA”), a Health Care Power of Attorney (“Patient Advocate”) and an Authorization for Release and Disclosure of Protected Health Information (“HIPAA Release”).

The GDPOA should be more than just a financial power of attorney. It should contain language permitting the agent(s) to review medical and academic information with the college. Typically, college students name one or both parents as agents under the GDPOA.

The Patient Advocate and HIPAA documents normally name the parents as agents/advocates. These are strictly health care documents. The HIPAA permits the agent to obtain the release by medical personnel of health care information of a student in the event the student is unable to give permission needed. The Patient Advocate document is a directive as to what the patient wants or does not want in the way of life support in the event the patient is unable to speak for him/herself.

*Jon B. Gandelot is founding principal, GANDELOT HARTMANN, an estate planning and trust administration firm in Grosse Pointe Farms.*

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# Meet Janet



<b>Name</b>	Janet Drabecki
<b>Age</b>	67
<b>City</b>	Grosse Pointe Farms
<b>Occupation</b>	Retired Registered Nurse; Head Nurse, Oncology Unit, Hutzel Women's Hospital

## Janet's Favorites

### Season

Spring

### Book

Anyone I just read, Tom Clancy

### Food

Grilled meat

### Musical Artist

Josh Groban

### Vacation

Australia, New Zealand

### Dessert

Chocolate ice cream

### Restaurant

The Whitney

### Activity

Reading

### Movie

*Gone with the Wind* and *An Affair to Remember*

### What was your first job?

Sales clerk at Hudson's

### What is one thing you miss about being a kid?

My mom

### What is the best trip you've ever taken?

China and Tibet

### What is the most historical day in your lifetime?

The Challenger disaster

### What accomplishment are you most proud of?

Staying married for 38 years to the same guy that I still love

### What is one skill you would like to learn?

Language — Polish

### Words to live by?

Live for today.

## About Janet

Janet and husband Tom have two children, Kate and John.

"We were 'nomads,' so we traveled to great places around the world with the kids," she says.

In her free time, Janet enjoys gardening, reading and traveling.

"I've led a great life. My career was very rewarding," she says of her time as Head Nurse of the Oncology Unit at Hutzel Women's Hospital.

"I've enjoyed many good friends and have a large family of cousins to fall back on."



# Seniors need plenty of water

By Ronda Maniaci

It's no coincidence that whenever you are not feeling well the question frequently asked is, "Are you drinking enough water?"

While this may sound redundant, it's the truth. Drinking water will indeed help your body triumph over almost any ailment or discomfort, at least in part.

Seniors need to be drinking more water. While modern medicine and healthcare are both fighting to keep our bodies healthier longer, the overall degradation of our cells, and the circumstances surrounding their lifestyles, means that seniors are more susceptible to illnesses and conditions that are directly linked to dehydration.



One of the biggest dangers that faces senior citizens not drinking enough water is the negative impact that medication use will have on their bodies. Many seniors take medications that cause dry mouth and dehydration. If seniors do not hydrate to compensate, their organs can fall under more acute damage than the medicines intended benefits.

We know that not drinking enough water causes kidney problems, mental confusion, bowel problems, headaches and loss of balance. What you may not know is how it affects memory loss, poor mood, anxiety, vision problems, fatigue and other fatal heart problems such as stroke. Simply put, our cells and organs depend on water, and without it, the human body cannot function properly.

Drinking plain old water can be difficult to get down. Try adding fresh lemon or top it off with your favorite fruit juice or flavored ice cubes.

Ronda Maniaci is a Certified Senior Advisor and Owner of Comfort Care and Home Medical Alert provider. Ronda can be reached at (313) 881-3390 or [Ronda.comfortcare@sbcglobal.net](mailto:Ronda.comfortcare@sbcglobal.net).



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## HEARTLAND HEALTH CARE CENTER *REHABILITATING FOR HOME*

Photos by Lauren McGregor

By Susan Bollinger

After a heart attack, stroke, injury, illness or an orthopedic surgery like hip or knee replacement, some patients are not ready to return home.

A facility like the Heartland Health Care Center – Grosse Pointe Woods offers a bridge from hospital to home. More than 85 percent of Heartland patients return to their home, assisted living or an independent living facility.


“Our goal is to get patients back to an active lifestyle,” says Rachel Schafer, director of admissions, “and our focus is on rehabilitation. Patients may have physical, occupational and speech therapy up to five days a week and receive a specific plan to work toward their goals.”

The Heartland therapy team tailors a plan to each individual’s needs. It’s not uncommon for patients with the same diagnosis to have different therapy plans. Patients range in age from 30 to over 90 years old.

Schafer explains that Heartland is not a long-term care facility, although the building was once the Georgian East nursing home where residents lived long term.

“Most stays are three weeks or less. Patients who need short-term therapy often don’t want to go to a long-term care facility,” says Schafer. “It’s reassuring that this is just a stop on their way home from the hospital that will keep them safe once they’re back home and out of the hospital in the future.”

The facility earned MedBridge certification by meeting high standards for patient outcomes, therapies, customer service and re-hospitalization rates that are below the national average.

“The atmosphere and camaraderie between patients and staff motivates patients,” says Schafer. “They work with the same therapists and build strong relationships that encourage recovery. With only 80 beds, we are small and close knit. Our patients and their loved ones say it’s not too big or overwhelming, and has a homey feel.” 

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Doctor of Audiology

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# SOC SPEAKEASY

Services for Older Citizens (SOC) will hold its 20th annual Auction Gala, "Speakeasy," Thursday, Oct. 13 at the Grosse Pointe War Memorial.

The evening promises to be a roaring good time, kicking off with signature cocktails from the prohibition era, hors d'oeuvres and a silent auction, followed by a gourmet dinner and a live auction. Special auction items will include a day with artist Dominic Pangborn, a ride for two on the J.W. Wescott II to deliver mail to the freighters, lovely jewelry, trips, and much more.


Funds raised at the auction are critical to providing priceless services to residents 60 years of age and older and their caregivers in our community. Last year's proceeds helped fund:

- 15,500 hot meals and friendly visits to homebound seniors
- Medicare/Medicaid Program enrollment assistance and counseling to hundreds of seniors
- 22,000 rides to medical appointments and errands
- Home repair, trips, exercise, health screenings, support groups, technology classes, art and foreign language classes, games, community service opportunities and so much more

This year's auction Honorary Chair is Mary Wilson, one of the Life Trustees of the newly formed Ralph C. Wilson, Jr. Foundation. Mary, and her late husband Ralph, have been active philanthropists, ardently supporting Southeast Michigan as well as Western New York.

Since the inception of the auction, honorary chairs have played a major role in the success of the Gala. In celebration of the 20th anniversary, SOC is recognizing the past 20 years of Honorary Chairs.

Executive Director Rev. David D. Dieter says, "We deeply appreciate all of the effort each of the chairs have put into the auctions and their support of the mission of SOC through the years. We would not have grown to serve so many without their help."

Tickets can be purchased by phone or at socservices.org. Corporate sponsorship and advertising opportunities are still available. For more information, call Deb Miller at (313) 649-2104. 



## Honorary Chairs 1997-2016

Russ and Peg Noble, 1997  
 Tim Grajewski and Rick Van Lith, 1998  
 Russ and Peg Noble, 1999  
 Desmond and Sue Davies, 2000  
 Gail and Lois Warden, 2001  
 Frank Sladen and Dr. C. Suzanne Klein, 2002  
 Paul and Lynn Alandt, 2003  
 Dr. Donna M. Hoban, 2004  
 Pete and Marilyn Waldmeir, 2005  
 Dwayne X. Riley, 2006  
 Gretchen Valade, 2007  
 Desmond and Sue Davies, 2008  
 Marianne Endicott, 2009  
 Jim and Kristine Mestagh, 2010  
 Bob and Vicki Liggett, 2011  
 Thayer and Gioconda McMillan, 2012  
 Jana and Steve Brownell, 2013  
 Jim and Patti Anderson, 2014  
 Matt and Karen Cullen, 2015  
 Mary Wilson, 2016



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Founded in 1836 as the Protestant Orphans Asylum in Detroit, the Children's Home of Detroit moved to its custom-built campus on Cook Road in 1950.

Photos by Donald Schulte

## *Journey from Children's Home to The Rivers*

When the time capsule left by the old Children's Home of Detroit is opened at the end of September at The Rivers Grosse Pointe on Cook Road, history will have come full circle.

The Children's Home of Detroit, founded May 18, 1836 by a group of civic-minded women as the Protestant Orphans Asylum at 988 E. Jefferson, moved in 1950 to a custom-built campus at 900 Cook Road in Grosse Pointe Woods. The Children's Home of Detroit was a fixture in the Pointes, caring for troubled youth until 2007, when it merged with another venerable Michigan childcare-service institution, Starr Commonwealth, founded in 1913 in Albion.

Starr Commonwealth sold the 15-acre site to Riverview Health, which built a full-service continuing-care senior community, the first of its kind within the Grosse Pointes. With the funds from the sale of the Cook Road property, Starr invested in an opportunity to create and open a charter school nearby in Harper Woods at the site of the former Bishop Gallagher High School. The Starr Detroit Academy

is the legacy created for those who invested so heavily in the many years of service provided by CHD. Poised to serve over 900 students for the 2016-17 school year, Starr Detroit Academy is giving a solid educational foundation for the region's under-served children.

The Rivers Grosse Pointe services the growing population of seniors within the community and those that have grown to love Grosse Pointe over the years. The Rivers offers an alternative lifestyle to support the active senior and an aging population within the community.

The Rivers residents and staff will join Starr staff and students, as well as former Children's Home of Detroit board members and staff, to view the opening of the time capsule that had been buried near the Children's Home historic marker that was removed prior to The Rivers being built.


"We just want to show people what we've been able to accomplish with the funds from the Children's Home of Detroit property," says Amy Reimann, major gift officer with Starr Commonwealth. 



Photo by John Minnis



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# Meet Marian



Photo by The Portrait Place

<b>Name</b>	Marian Battersby
<b>Age</b>	61
<b>City</b>	Grosse Pointe Woods
<b>Occupation</b>	Franchise owner, Home Instead Senior Care

## Home Instead Senior Care

“Home Instead Senior Care is a non-medical business that provides support for seniors to maintain their independence.

We meet with seniors and their loved ones to determine specific plans of care to meet their needs. This could range from basic care such as errands and transportation to end of life care. We provide dementia care with specific training for our staff and a family training package as well.

Home Instead Senior Care is accredited by the Accreditation Commission for Health Care, which illustrates our commitment to quality care.”

## About Marian

“I am blessed to be married to a wonderful man, Brendan, for almost 40 years. We have four great kids, Colin, Maura, Alanna and Catherine, that have married four wonderful people. They have all returned to Michigan and live nearby.

By Thanksgiving 2016, we will have five grandchildren that are three years old and under!

I was raised to always give 100 percent to my pursuits. I believe in quality results, whether it is my business, spending time with my family, volunteering or pursuing creative interests.

I love to learn new things and I strive to always expand my knowledge as it relates to the needs of aging adults and their families.”

### What was your first job?

I worked after school as a dental assistant.

### Why did you want to become owner of a senior care provider?

Care of my own loved ones and seeing friends struggle with their parental issues

### Tell us something about you that most people don't know.

I am the second of seven daughters. No brothers!

### What is your most often used phrase?

“Do the best you can with what you've got.”

### If you weren't owner of Home Instead Senior Care, what would you be?

Master gardener

### What is your next goal?

Increase volunteer activities to give back to others

### What is the best advice you have received?

“Oh, oh, oh, it will be alright,” from my Irish father.

### What is the most memorable feedback you have received?

A kiss from a client and her telling me, “I love you.”

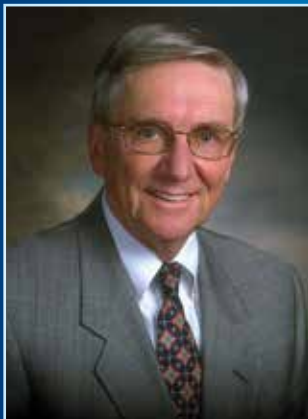
### Words to live by?

“Don't sweat the small stuff.”



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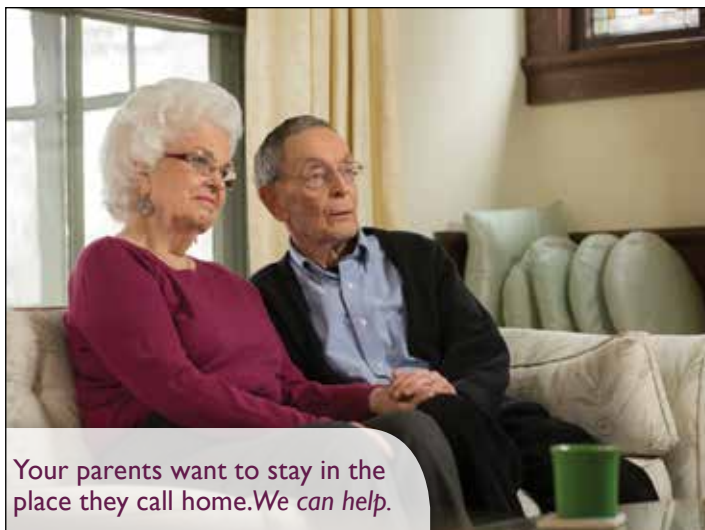
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# MARK YOUR CALENDAR ○

Photos by John Minnis



## VillageFest

Grosse Pointe's largest family festival returns Sept. 9-11 in the Village. This year's annual VillageFest is presented by Holy Cross Children's Services.

Start the weekend off right by attending the special 'Kick-Off for Kids' reception at Scott Shuptrine Interiors Friday, Sept. 9 from 5:30 to 7:30 p.m. Tickets are \$100 per person, available at [holycrossvillagefest.com](http://holycrossvillagefest.com), and include cocktails and strolling supper.

VillageFest is also open Saturday, Sept. 10 from noon to 10 p.m. and Sunday, Sept. 11 from noon to 5 p.m.

This year's media partner is 94.7 WCSX Classic Rock. Weekend features include Saturday Night Dance Party, Corvette for Kids Raffle Drawing (with the drawing at 7 p.m. on Saturday), VillageFest Car Show, Kids Fun on the Plaza, Grosse Pointe's Got Talent and so much more!

All proceeds will benefit Holy Cross Children's Services (HCCS) in southeast Michigan. HCCS brings hope, promotes change and helps children live free, healthy and productive lives. The organization has served Michigan for over 68 years by providing foster care, residential facilities, counseling and substance abuse services. ☐

Photo courtesy of Festival of Tables



## Festival of Tables

The 14th annual Festival of Tables will take place Saturday, Oct. 22 at Assumption Cultural Center on Marter Rd. in St. Clair Shores.

This year's theme is 'Tis the Season' and promises to feature extra holiday flair.

Enjoy a viewing of 35 themed tables to inspire your next dinner party. From dazzling holiday arrangements to uniquely themed decor, tables are designed by hostesses from the community and the Daughters of Penelope, a Grosse Pointe women's philanthropic organization.

Guests are invited to stroll the Holiday Gift Boutique, which includes specialty clothing, jewelry, houseware, decor, and more.

Table viewings are open to the public from 1 p.m. to 4 p.m., including access to the gift boutique, auction and Greek cookie and spinach pie sale. Advanced tickets are available for \$10 per person.

The second viewing, beginning at 4:30 p.m., includes dinner, an open bar and fashion show. Tickets to the second viewing are \$70 each.

All tickets may be purchased at Coldwell Banker Weir Manuel, 102 Kercheval Ave., Grosse Pointe Farms, or by calling (313) 886-8798.

Proceeds will benefit St. John Providence Health Care System Breast Care Program and other charities. ☐





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## *The Garden Party on Belle Isle*

*T*he Garden Party on Belle Isle will take place Tuesday, Sept. 13 from 5:30 to 7:30 p.m. at the Anna Scripps Whitcomb Conservatory.

This year marks the tenth anniversary of the Garden Party. Each year, representatives from garden clubs on the east side of Wayne County raise money to fund projects on Belle Isle.

Projects have included repairing the Lily Pond, providing plant signage inside the Conservatory, restoring the garden staircases and flagstone paths and restoration of the bronze fountains inside the building and on the grounds.


The Tenth Anniversary Garden Party, hosted by the Garden Club of Michigan, Grosse Pointe Farm and Garden Club, Grosse Pointe Garden Club and Junior League Gardeners, will raise funds for the restoration and renovation of the Lily Pond and its garden.

A portion of the proceeds from the sales of Laurie Tennent Botanicals will be given to this pond project.

Event chairwomen are Janice Ellison and Robin Heller. Honorary chairwoman is Mrs. William Clay Ford.

“From humble beginnings the party has become an anticipated annual event for this special attraction on Belle Isle,” says chairwoman Robin Heller. “It raises much needed funds for the repair of this Belle Isle favorite. This year we are pleased to offer a special art exhibition by Laurie Tennent Botanicals and enjoy the music of Ben Sharkey.”

The evening also includes cocktails, hors d'oeuvres, catering by Thibault & Moore and valet parking.

Tickets may be purchased at [belleisleconservancy.org](http://belleisleconservancy.org). 



Photos courtesy of The Garden Party on Belle Isle







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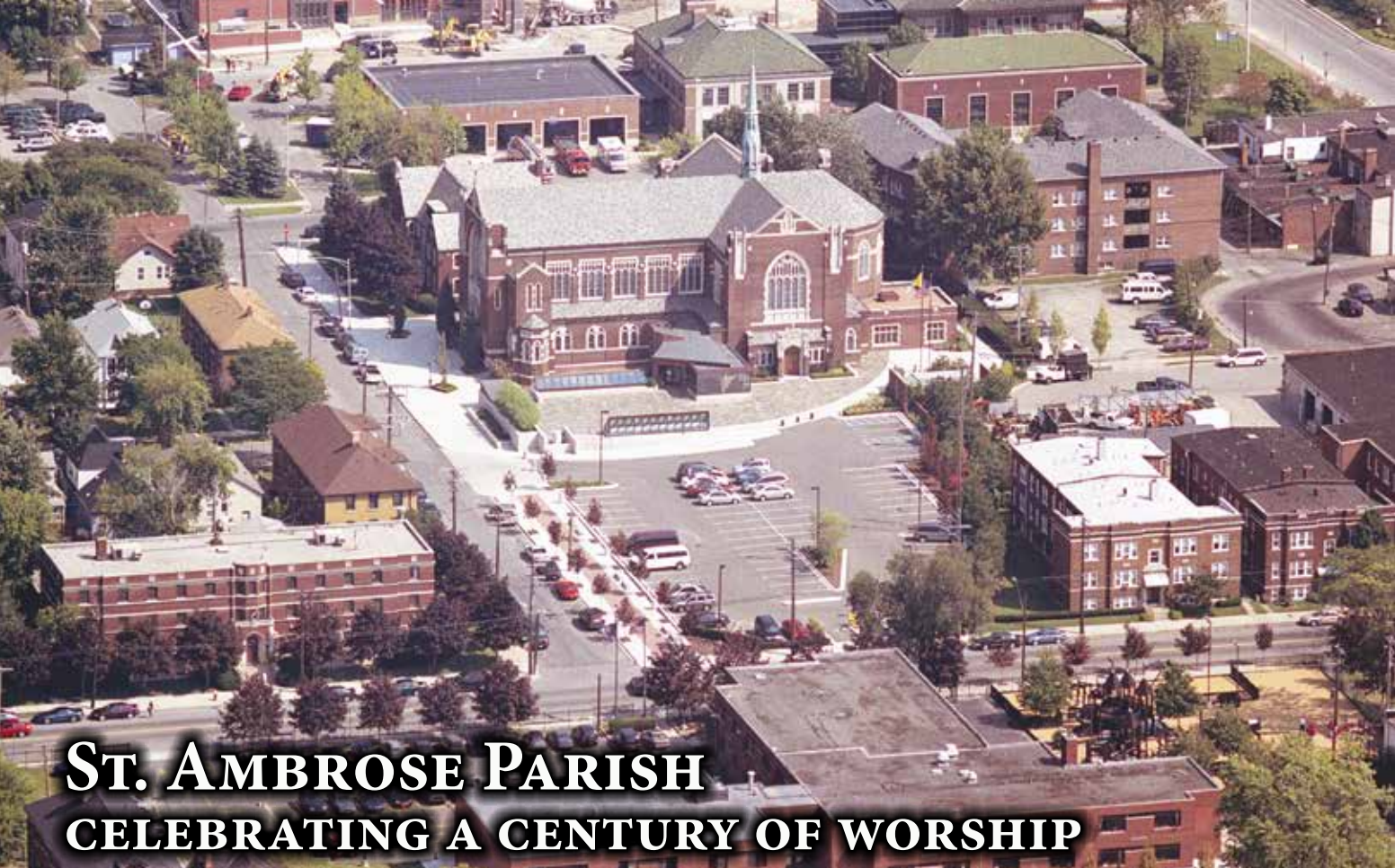


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# ST. AMBROSE PARISH CELEBRATING A CENTURY OF WORSHIP

By Karen Dybis

St. Ambrose Parish is celebrating its 100th anniversary as a welcoming presence between Detroit and the Grosse Pointe communities with picnics, a new cookbook, an alumni dinner dance, its biggest Oysterfest yet as well as new interior improvements to its impressive Gothic interior.

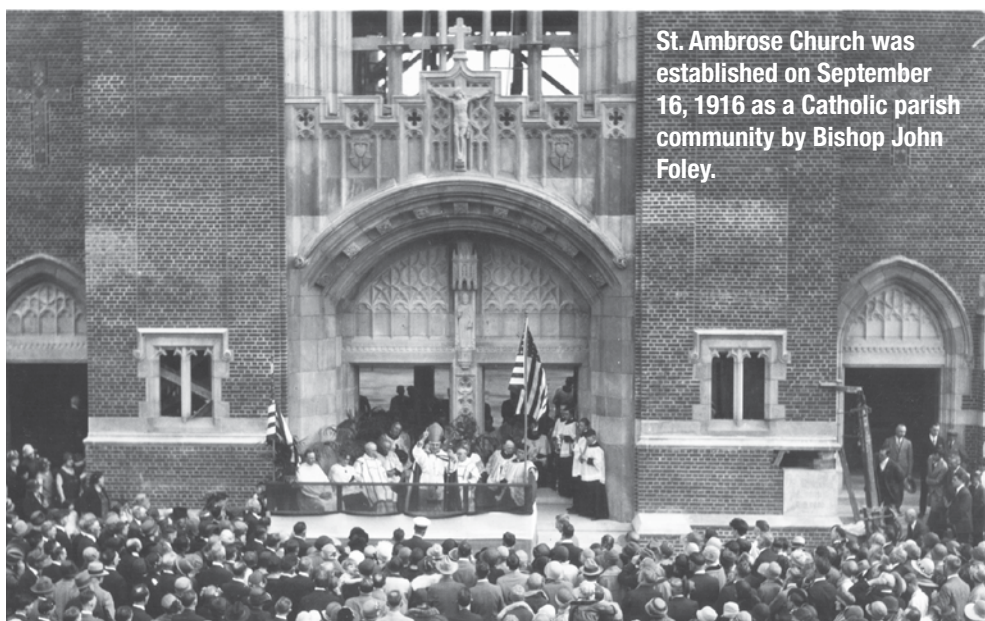
The centennial celebration honors both the parish's humble beginnings as a wooden church at the border of a great American city but also its bright future, says the Rev. Timothy Pelc, who became pastor of St. Ambrose Catholic Church in July 1986.

It's also incredible that a parish that was slated for closure and had about 300 families some 25 years ago is now thriving and has more than 900 families registered, Pelc says. This family-friendly parish welcomes all, from its Detroit neighbors to Clint Eastwood (when he filmed parts of "Gran Torino" there in 2008) to Grosse Pointe's longtime residents.

"(Church founders) looked for property in Detroit, which was the bigger city at the time. They got just enough property in Grosse Pointe Park, adjacent to the city, to squeeze the parish in here," Pelc

says. "So we've had an urban-suburban character from day one. That's what we've always been and that's what we strive to be — a bridge between the two cities."

Bishop John Foley established St. Ambrose on Sept. 16, 1916, as a Catholic community. Architectural firm Donaldson and Meier designed a wood frame church to house the parish. In 1920, the parish opened its first parochial school with 650 grade school students. Three years later, a high school was



St. Ambrose Church was established on September 16, 1916 as a Catholic parish community by Bishop John Foley.





City championship Goodfellow game

added.

In 1926, Donaldson and Meier began work on a permanent worship space. Designed in the Norman Gothic style, St. Ambrose strongly resembles Sacred Heart Major Seminary in Detroit, another Donaldson and Meier design. When St. Ambrose Church opened on Christmas Eve 1927, it was hailed in *American Architecture Magazine* for its attention to detail and its use of the latest mechanical and structural technologies.

St. Ambrose also was known for its football prowess. In November 1959, its high school surprised fans and foes alike when it upset Cooley High School during the Goodfellow city championship game. With more than 30,000 people watching, tiny St. Ambrose pulled out a 13-7 win at Briggs Stadium, beating one of the city's biggest (its players outweighed St. Ambrose's boys across the board) public schools.


Other historical highlights include the prestigious bronze Windmill Plaque, which the Grosse Pointe Historical Commission awarded to the church in 1991 for its 75th anniversary. In 1999, St. Ambrose parish broke ground for the gathering space that it calls the ARK; the gathering space is known for its innovative, underground design by architect Gunnar Birkerts.

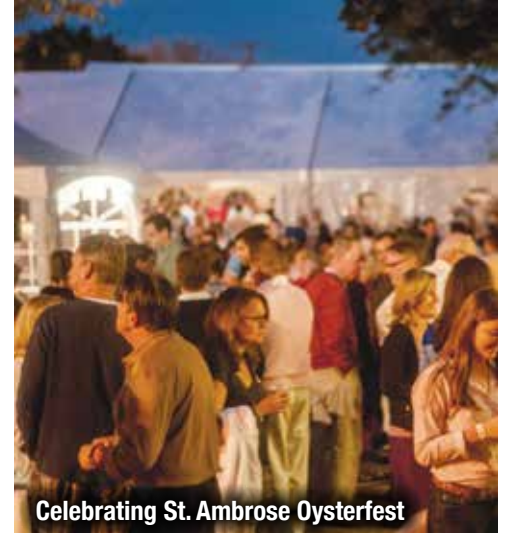
St. Ambrose's year-long celebration, which began last winter, continues through December with the celebration of the feast day of St. Ambrose on Dec. 7. Rev. Pelc, the Parish Council and its president, Grant Ruttinger, planned a year's worth of special events, including a four-day parish retreat, a parish picnic and a centennial opening mass featuring a hymn commissioned for the 100th year, *Omnia Christus Est Nobis – Christ for Us Is Everything*.

In September, the parish community will hold its 26th anniversary of the popular St. Ambrose Oysterfest, which brings together over 40 local and national restaurants and draws more than a thousand people from the community.

This year's theme is "Do It In Detroit," with prizes that focus on things to see and do within the Motor City.

The centennial year will conclude with an All Class Alumni Reunion Mass on Sept. 17, a Parish Centennial Dinner Dance on Nov. 19 and a Dec. 7 feast day celebration.

Along the way, Rev. Pelc and the parish will unveil an addition to the 44 shields that ring the walls of the church, adding a new marker to honor this anniversary. These shields tell the visual history of the Southeast Michigan region, the city, the Catholic Faith and the parish from early times to recent. These shields, commissioned by Rev. Pelc, were painted by Detroit-born artist Edgar Louis Yaeger. 



Celebrating St. Ambrose Oysterfest



First Holy Communion Children

Photos courtesy of St. Ambrose



# USS Detroit Commissioning Date Is Official – Oct. 22



Secretary of the Navy Ray Mabus has officially confirmed the Oct. 22 date for the commissioning of USS Detroit. The ship will arrive in Detroit on Friday, Oct. 14, for eight days of tours, VIP visits, celebrations and other events with the actual commissioning ceremony taking place on Saturday, Oct. 22.

Following its commissioning, the ship will make its first international port call when it sails across the Detroit River on Monday, Oct. 24, to spend four days in Windsor.

“A lot of people have put a lot of effort into planning and activities for this historic event, and although we’ve been focused on the date for some time, the Secretary of the Navy’s announcement makes it official — and that’s a huge relief for everyone involved,” says John Peracchio, chair, USS Detroit Commissioning Committee.

“The actual event is scheduled for the morning of Saturday, Oct. 22, on the RiverWalk at the Renaissance Center, and seating is limited,” says Peracchio. “Tickets are free to the public, and interested persons can sign up by visiting the website.”

From arrival to departure, the USS Detroit’s Commissioning Week schedule is chock-full of activities for the crew, sponsors and public. Following Welcoming Ceremonies on the ship’s arrival, other activities will include Navy Band performances, tours, luncheons, group visits and receptions.

“The RiverWalk will be abuzz with excitement for a week, culminating in the Commissioning Ceremony, after which USS Detroit will depart for Windsor,” Peracchio says. “It’s truly going to be a once-in-a-lifetime event.”

A Freedom-class littoral combat ship, the new, high-tech USS Detroit is the sixth U.S. Navy warship to bear the city’s name. She is a fast, agile ship designed for a variety of missions in coastal waters as well as humanitarian relief missions. Capable of open ocean operations, her modular design supports interchangeable mission packages, which will allow the ship to be reconfigured for antisubmarine warfare, mine warfare or surface warfare missions as-needed.

Many have asked about USS Detroit-branded wearables, mementos and gifts. The wait is over! Those items and more are available online at [www.ussdetroitwebstore.com](http://www.ussdetroitwebstore.com).

[ussdetroitwebstore.com](http://www.ussdetroitwebstore.com).

“We searched for a Detroit-area supplier of quality, U.S.-made items that would commemorate the historic ship’s commissioning, as well as be desirable items people would wear or display,” says John Peracchio, Chair, USS Detroit Commissioning Committee. “Thanks to local businesswoman Beverly Bantom, President & CEO of Unique Expressions, we’ve found that and more!”

As the Official Licensed Distributor of USS Detroit-branded items, Unique Expressions has put together a wide selection of shirts, caps, jackets, sweatshirts, hoodies, accessories and other gift items designed for this historic event and with Detroiters in mind. All are available at [www.USSDetroitwebstore.com](http://www.USSDetroitwebstore.com)

“Our company greatly appreciates the opportunity to provide products that commemorate this historic event and represent the ship and its crew,” says Bantom, a native Detroit.

For more information about the USS Detroit, sponsorship opportunities and the USS Detroit Commissioning Committee, visit [www.ussdetroitlcs7.com](http://www.ussdetroitlcs7.com). 





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Photo courtesy of The Fine Arts Society of Detroit

Fine Arts Society of Detroit presents 'Clue'

## FINE ARTS SOCIETY OF DETROIT 110 YEARS

The Fine Arts Society of Detroit is launching its 110th season with “25 Years of Fine Arts,” a series of snippets and vignettes from favorite plays and musicals since 1991.

Informative speeches will also be presented about onstage and backstage responsibilities, peppered with humorous experiences and trying moments that are bound to entertain the audience. The production will be held Friday, Oct. 14 and Saturday, Oct. 15 at 8 p.m. at the Historic Players Playhouse, 3321 E. Jefferson Ave.

In January, 1906, the Fine Arts Society of Detroit was founded by leaders of the community to bring together professional and amateur lovers of the arts. Members first met in their homes, then in local theaters such as the Arts and Crafts Theater and the Gem Theater. With the construction of the Historic Players Playhouse on East Jefferson in 1926, Fine Arts found a permanent home and most activities since that time have taken place in this distinctive private theater, one of the architectural treasures of the country. Having celebrated its 100th anniversary in 2006, Fine Arts is assumed to be the oldest continuous

group of its kind in the country.

“Each Fine Arts season is centered around three stage productions directed, produced and performed with exuberance,” says president Gary Miller. “Our members and audiences very much enjoy the experience.”

Bound by cultivated friendships, members hold an annual board meeting, a new member cocktail party and a holiday party and are invited to bring guests to any of the activities of the group.

Special social and fundraising activities are occasionally planned which may include trips to the DIA or travel to the Stratford Festival or Shaw Festival. In past years members have gathered for dinner and a book review, to attend other local theaters or view an occasional art house film.

The charming ambiance of the Historic Players Playhouse is taken in with a wine reception preceding each show where the artwork of a member or guest artist is featured. If you're lucky, the audience may be treated to a musical afterglow!

Visit [www.fineartsdetroit.org](http://www.fineartsdetroit.org) for more information, including how to attend the October shows. 



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## Tools of the Trade

By Ken Welch

When people look around a weight room they often refer to the different strength pieces as “weight machines.” This includes everything from a free-weight bench to a selectorized pull down (which features a weight stack and a pin to select the weight you want affecting the back muscles).

This identification has always bugged me a little bit. I’ll explain.

### A machine:

according to the Oxford Dictionary: “an apparatus using mechanical power and having several parts, each with a definite function and together performing a particular task.”

**A tool:** “a device or implement, especially one held in the hand, used to carry out a particular function.”

What’s key here is the thought process and your attitude when you walk into a weight room that’s filled with devices and implements, “tools you’re going to use” to carry out a particular function, specifically to be used to transform and create your body into a healthier, sturdier version of yourself.

Generally a machine makes things easier by at times doing the work for you. A tool generally doesn’t make a task easier but does make the work more efficient.

The question often comes up what’s best: free weights or “machines”? Well, the answer is both, depending on the job you’re trying to do. What muscle groups are we building today?

What kind of hammer would you use to pound a nail; a carpenter’s hammer or a sledge hammer? All those hand held tools in the weight room are the tools in your tool box. Now get to work.

Ken Welch is owner and trainer at Pointe Fitness on Harper south of Allard. Online: [pointefitness.com](http://pointefitness.com).





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# TEAM LENAHAN WINS TURNING POINT INVITATIONAL

By John Minnis

Grosse Pointe North alumnus and professional golfer Ryan Lenahan earned “low pro” honors with a score of 61 and led his team to win the Turning Point Invitational on Aug. 15 at the Country Club of Detroit. By shooting 11 under par, Lenahan bested the likes of veteran pros Jack Nicklaus, Jerry Pate, Gary Koch, Bruce Fleisher, Larry Nelson, Andy Bean, Joe Inman and Esteban Toledo.

Team Lenahan shot -25 (combined two lowest scores on each hole), tying with the low round shot by pro Nathaniel Crosby’s team. However, Ryan’s low score of 61 compared to Crosby’s 62, earned Team Ryan the Turning Point



Facebook photo

Teammates John Cook and Ryan Lenahan with the first-place Turning Point Invitational trophy.

Invitational trophy.

“I started off a little slow, but I holed out for an eagle 2 on the first hole and then eagled the third hole, so momentum changed a little bit,” says Lenahan, 32, who plays on the European Challenge Tour. “It was neat to win as a team and also have the low pro score.”

The Turning Point Invitational raised \$3.285 million for Cornerstone Schools, co-founded by Grosse Pointer Clark Durant. The first Turning Point Invitational was held in 2004, the 50th anniversary of Arnold Palmer winning the U.S. Amateur at the Country Club of Detroit. Palmer, who said winning the Amateur was the “turning point” in his career, attended the inaugural tournament. This year, Jack Nicklaus head-lined the group of Tour professionals present.

Lenahan and his wife, Amy, live in Charlotte, N.C., with their infant son, Mason. Ryan can be followed on Facebook.

**Above, Ryan Lenahan, center, with teammates John Cook, Peter C. Schmitt, Walter Czarnecki and Jack Krasula.**

**Left, Cornerstone Schools co-founder Clark Durant, second from left, with teammates Gerry Seizert, Jamie Ryder, Brian Donohoe and pro John Inman, center.**

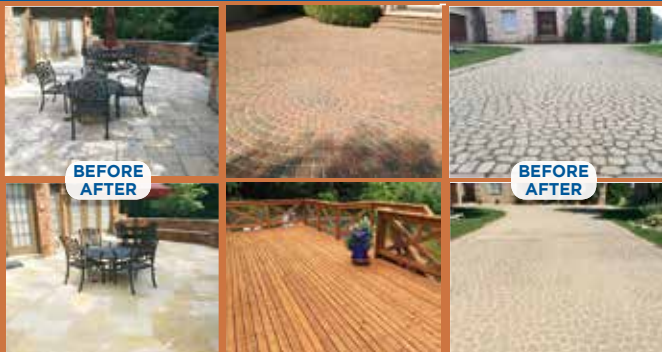
Photos by John Minnis





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# Reporter finds comic relief ... on stage

*"I went out to buy a new car recently, and I went into the car dealership and the salesman said, '... will the Mr. be joining us?' I said, 'Only if you brought a shovel.'"*

Photo by John Minnis

**B**y day, Kathy Ryan is a mild-mannered reporter ... by night (when not covering city council meetings!), she's a grandmotherly stand-up comic. She explains herself to *Pointe Magazine*:

**How long have you been doing stand-up comedy?**  
Ten months, started last fall.

**Where have you appeared?** Mark Ridley's Comedy Castle, The Cabbage Patch Saloon in Grosse Pointe Park, Detroit Pub in Clinton Township and Woody's in Royal Oak.

**WHY did you decide to do this?** I saw a promo for a class in stand-up comedy at Mark Ridley's the week of my 68th birthday, and I gave it to myself as a birthday present. I just thought it would be something fun and different to do, but little did I know how hard it would be. I have a whole new appreciation for those comedians who go out night after night and actually do this for a living. But as hard as it is, it is also a lot of fun. I have met some great people, lots of very funny young people and a few oldies like myself.

**What does your family think about this? Is your granddaughter embarrassed? (Most teens are!)** My granddaughter loves it; she comes to most of my shows and usually brings some friends. I think she enjoys being around all the young comedians; she just uses me as an excuse. My children never thought I was very funny when I was nagging them about cleaning their rooms or studying for the math test,

but they've seen my act and loved it.

**What are your favorite lines, topics?** Everyone over 65 needs two things: Lipitor and a sense of humor. Mainly, I focus on the travails of dating while on Social Security. Most of my jokes are a bit bawdy, but who says senior citizens can't appreciate a good joke?

**Are you scared going on stage?** For someone doing comedy, your biggest fear is that people won't laugh. So far, people are laughing, so that helps. I wasn't that scared of going on stage; my biggest fear was that I would forget my lines. I do a six-minute set, and for someone who can't remember her cell phone number, remembering six minutes of material was a real challenge. But I spend about 20 minutes a day every day going over the material; so it does get easier.

**How long has it been since your husband passed away? What would he think of you doing this?** John passed away in 2010. I think he'd be my biggest fan.

**Anything else you want to share?** If there are any single men out there, let's get together. Call me on my cell, 248-574 ... wait ... that's 248-574-8 ... oh, heck, I can never remember that number. Wait, has anyone seen my phone? I can never find it, either. Oh, never mind. Just come out to a comedy club some night and enjoy the laughs.

You can find Kathy Ryan on Facebook! [f](#)



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# ANGELIC ARTWORK

*Church iconography project moves ahead*

By Jane Nordberg

**F**ather Michael Varlamos can view the number 13 not with dread, but with a sense of accomplishment.

Celebrating his 13th anniversary at Assumption Greek Orthodox Church in St. Clair Shores in July 2016, Varlamos has seen the restoration of the ca. 1985 building from a disastrous fire in 2002 through two stages of iconography restoration.

For Phase I, Greek artist Vlas Tsotsonis and his team were on site during the autumns of 2009 and 2012, providing iconography in the altar area, the baptistery, St. Nektarios chapel and the sanctuary. Tsotsonis and his assistants returned this year for Phase II, completing the ceiling in the nave featuring the dome with Christ in the center.

The importance of iconography in the Greek Orthodox Church is not to be underestimated. Although Tsotsonis had a “blank canvas” to work from instead of the framework of existing iconography, icon painters are not simply free to adapt their own aesthetic sentiments; there are prescribed rules governing placement and presentation of figures and their features, what Varlamos refers to as a “liturgical rubric.”

“Of course, icon painters should be good artists,” he says, “but not every good artist chooses to be an iconographer. There is a lot of preparation entailed in producing these sacred images.”

During Phase II of the project, the iconographers regularly worked from 8 a.m. to midnight six days a week. The schedule didn’t leave a lot of room for leisure, but Varlamos says the St. Clair Shores and Grosse Pointe communities were very welcoming to the Greek visitors, offering dinner and party invitations.



Father Michael Varlamos and Vlas Tsotsonis with the restored iconography in the background

Photos by John Minnis



Assumption Greek Orthodox Church Iconography Restoration Committee

“Greek Independence Day occurred while they were here (March 25), and they enjoyed a visit to the Hellenic Museum (of Michigan),” Varlamos says. “They really became an extended part of our congregation.”

Parishioners’ reactions to the iconography project have been positive, though Varlamos often finds himself somewhat

overshadowed during Mass.

“I have a hard time keeping their attention on the altar during my sermons,” he says. “They keep looking up all the time. But it’s a pleasant distraction. I’d rather have them looking at Christ, as long as they’re listening to me.” ☩



**Fifty Years of Parties** April 12 @ Detroit Marriott Ren Cen

Photos by Carrie Hall



**Diane and Tom Schoenith**



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**GPFPE\* Spring Gala** April 23 @ Home of Marsha & Christopher Zingas

Photos by Christine M.J. Hathaway

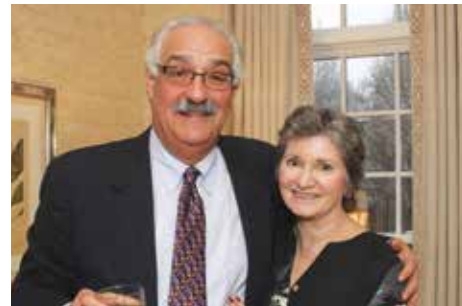
\*Grosse Pointe Foundation for Public Education



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**Laughs for the Lake House** April 28 @ Lakeland Banquet Centre

Photos by Colin Hathaway



**Huong Reille and Kristin Welc**



**Ron Frederick and Ali Hijazi**



**Lisa and Mike Fuller**



**Bernadine Sherwood and Mary Rock**



**Romeo McNairy and Gail Shirey**



**Ed Wolking, Mary Wolking and Erick Michaelson**

**Respect for Law Breakfast\*** May 4 @ Lochmoor Club

Photos by John Minnis

\*Lakeshore Optimist Club



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Photos by John Minnis

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## Action Auction May 7 @ Grosse Pointe Academy

Photos by John F. Martin Photography



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**DHS\* Spring Gala** May 7 @ Dossin Great Lakes Museum

Photos by Elayne Gross

\*Detroit Historical Society



**Bob and Mary Ann Bury and Jenny Hudson Parke and Joe Parke**



**Charlotte Dossin, Joseph Regimbald, Claire Dossin, Diane Dossin and Doug Dossin**



**Sandy McMillan and Ann Nicholson**



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**Neil Bristol and Doug Dossin**

**Red, White & Blue Gala** May 26 @ War Memorial

Photos by John Minnis and Inner Circle Photography



**Charles Burke and Ted Everingham**



**John and Marlene Boll**

Inner Circle Photography



**Hon. William Giovan and Susan Sisk**



**Mary and Ron Lamparter**



**Connie, John and Bettejean Ahee**

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**Rolf Mammen, Ray Mabarak, Beverly Walsh and Linda Mammen**



# HEROES ROCK



Help 'Rescue One To Rescue Another':

EVENTBRITE TICKETS \$25: [tinyurl.com/09-17-16-Save-The-Date](http://tinyurl.com/09-17-16-Save-The-Date)

(IT'S HOW WE ROLL!)™



**WHO:** Fun concert benefit event for everyone who cares about Veterans and dogs. Enjoy great music and sweet artwork! Eat tasty pizza, pretzel snacks + frozen custard, while supporting a good cause.

**WHAT:** "Hero" Celebration Concert Benefit supports Stiggy's Dogs—a 501(c)(3) organization that matches Veterans with rescue dogs

**WHERE:** St. Clair Shores  
VFW 1146 Bruce Post  
28404 Jefferson Ave.  
SCS, MI 48081

**WHEN:** Saturday Sept. 17, 2016  
12-6pm; Music: 1, 3, and 5pm  
Refreshments: 2-4pm  
(Adults ONLY/Service Dogs welcome)

**WHY:** Author of Iwoof Nicodemus™ c/o Brilliant Orange LLC™ would like to honor heroes + [stiggysdogs.org](http://stiggysdogs.org)

**\$25 TICKET COST INCLUDES:**

Live Entertainment: Jimmy Jack Band  
Refreshments: Food & Soft Drinks  
Silent Auction: In Kind Donation Items  
Artwork Display: Shayne Art  
(Art available, CASH sales separate)

\*If attendance not possible, Eventbrite.com donation button available online until 9/17: [tinyurl.com/09-17-16-Save-The-Date](http://tinyurl.com/09-17-16-Save-The-Date)



DOG: © 2016 ROBERT STEWART PHOTOGRAPHY, ALL RIGHTS RESERVED.



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**THANK YOU!** Costs to match and train a Veteran/Rescue Dog pair = \$10K+. Net proceeds from every ticket will support in giving a second chance to each dog and new hope to each Veteran.

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# pets

*Molly welcomes your hi-res Pointe Pets pictures at 18530 Mack #106, Grosse Pointe Farms, MI 48236 or e-mail [lbeaver1@grossepointemagazine.com](mailto:lbeaver1@grossepointemagazine.com).*



## Winnie

Winnie celebrating her second birthday with all of her doggie pals at Best Friends of Clinton Township! Winnie is a fun-loving and playful Vizsla. She lives in the Farms with her parents Brandon and Julie Astrauckas.



## Morgan

Morgan (the Wonder Dog) is an 8-year-old German Shepherd mix rescued from the streets of Detroit at 6 weeks old. She loves walks and to go 'bye-bye in the car.'



## Caramel

Caramel, a 6-year-old Pomeranian Poodle, loves walks, squeaker toys, treats, belly rubs and barking at anything that goes by, especially squirrels. She is happily spoiled by her family that loves her so much.



## Bella

Bella, a Shih-Tzu, lives in Grosse Pointe Woods with her half brother Boomer. They certainly know they are cute, and they both use that to their advantage in the Hysick household.



## Boomer

Boomer, Bella's half-brother (left), lives in the Woods with the Hysick household and, yes, does use his cuteness to his advantage.



## Penelope

Penelope loves meeting new people and stealing hearts everywhere! She spars with rabbits and squirrels for fun. She lives in the Farms, but can be spotted throughout all the Pointes!



# Microchipping your pet

Dr. Jennifer Khalifah

Each year millions of pets become lost, and many end up in a shelter or in the care of a Good Samaritan who is trying to find their owner. Thankfully, with microchipping technology there is a reliable and easy way to reunite lost pets with their owners. A microchip is a small device, about the size of a grain of rice, which is implanted underneath your pet's skin by administering a simple injection. The chips are not tracking devices, nor do they work like a GPS, but instead each one has a unique identification number. The number is then registered with the chip manufacturer, linking the pet owner's contact information with the chip. Virtually all veterinarians and animal shelters across the country are equipped with a chip scanner which can be waved over the pet, picking up the tracking information. When the number is called into the pet recovery service, the owner is then contacted using the information on file.



The chip can be inserted during a regular office visit with your veterinarian, or in conjunction with another procedure, such as a spay or neuter surgery. The average cost is approximately \$45 for your veterinarian to insert the chip, and \$20 for the registration with the chip manufacturer. The chip will last a lifetime, but it is very important for pet owners to keep their contact information up to date so that they can be reached when needed.

*Dr. Jennifer Khalifah graduated from Michigan State University in 1997. She joined Harper Woods Veterinary Hospital in 2016.*

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## 05 MONDAY - Labor Day

## 06 TUESDAY

- Poetry and Music at SOC with Lonnie and Clyde, 12:45-2 p.m.

## 08 THURSDAY

- Grosse Pointe Park Foundation Party, hosted by Jane and Richard Manoogian at the JLD Showhouse, food by Roostertail, specialty vodka drinks by Titos Vodka, photography by John F. Martin, DJ and more, \$150 per person, \$40 for those under 40, contact Kathy Willmer at (313) 822-4379 or Barbara Detwiler at (313) 506-2331 for information and tickets, party begins at 6:30 p.m.

## 10 SATURDAY

- VillageFest by Holy Cross Children's Services, 12-10 p.m.
- Izzy's Second Saturdays at Provencal-Weir House, bake mini streusel apple pies, ages 7 and up, \$20 per member, \$25 per non-member, reservations required by Thursday, Sept. 8 by calling Izzy at (313) 884-7010, takes place 1-3 p.m.
- Grosse Pointe Historical Society Open House at Provencal-Weir House and Resource Center, 1-4 p.m.

## 11 SUNDAY

- VillageFest by Holy Cross Children's Services, 12-5 p.m.

## 14 WEDNESDAY

- St. Clare of Montefalco PTO 32nd Annual Used Book Sale Presale Day, 6:30-9:30 p.m., prices marked up 50%, visit [www.stclareschool.net](http://www.stclareschool.net) for more information

## 15 THURSDAY

- St. Clare of Montefalco PTO 32nd Annual Used Book Sale, 9 a.m. - 8 p.m.
- Friends of the Grosse Pointe Public Library Book Sale at Ewald Branch,

friends only 10-11 a.m., open to public 11 a.m. - 8 p.m.

- Third Thursday in the Garden 'The Autumn Tour' at Ford House, tickets at [fordhouse.org](http://fordhouse.org), tour is 6-8 p.m.

## 16 FRIDAY

- St. Paul Evangelical Lutheran Church Annual Rummage Sale, 9 a.m. - 4 p.m.
- St. Clare of Montefalco PTO 32nd Annual Used Book Sale, 9 a.m. - 8 p.m.
- Friends of the Grosse Pointe Public Library Book Sale at Ewald Branch, 10 a.m. - 4 p.m.

## 17 SATURDAY

- Grosse Pointe Run at Pier Park, 5K & 10K Run 5K Competitive Walk & 5K Wheelchair 1 Mile fun Run, register at [www.GrossePointeRun.com](http://www.GrossePointeRun.com), race day registration 7-8:30 a.m., 1 Mile Fun Run at 8:30 a.m., 5 & 10K Run at 9:00 a.m.
- St. Paul Evangelical Lutheran Church Annual Rummage Sale, 9 a.m. - 3 p.m.
- St. Clare of Montefalco PTO 32nd Annual Used Book Sale Half Price Day, 9 a.m. - 8 p.m.
- 'I Said Yes to the Dress ... Now What?' docent-led tour at Ford House featuring 'Down the Aisle: 100 Years of Ford Family Weddings,' \$20 per member, \$25 per non-member, register at [fordhouse.org](http://fordhouse.org), 10 a.m. - 12 p.m.
- Friends of the Grosse Pointe Public Library Book Sale Bag Day at Ewald Branch, 10 a.m. - 2 p.m.
- Grosse Pointe Animal Adoption Society Adoption Day at SOC, small dogs and puppies 12-1:30 p.m., medium and large dogs 1:30-3 p.m., cats 12-3 p.m.; and at City Bark, cats and kittens 12-2 p.m.
- Cook Schoolhouse Open House, 5-7 p.m.
- Grosse Pointe Woods Fall Fest on City Hall Lawn, 5-9 p.m.

## 18 SUNDAY

- St. Clare of Montefalco PTO 32nd Annual Used Book Sale Bag Day, 9 a.m. - 3 p.m.
- Grosse Pointe Theatre presents 'Singin' in the Rain' at the War Memorial, also Sept. 22-25, 29-30 and Oct. 1, check gpt.

[org](http://org) for show times and tickets

## 21 WEDNESDAY

- 11th Annual St. John Medical Staff/ GUILD Golf Outing at Lochmoor Club, \$300 for golf and dinner, \$100 for dinner only, call (313) 343-3674 or visit [stjohnguild.org](http://stjohnguild.org) for tickets and more information
- The Family Center presents 'When Parenting Styles Clash: And, What to Do About It!' in Miller Hall at Christ Church, 61 Grosse Pointe Blvd., free, register at [familycenterweb.org](http://familycenterweb.org) or (313) 432-3832, 7 p.m.

## 23 FRIDAY

- North vs. South Football Game Tailgate presented by Grosse Pointe Chamber of Commerce in North's parking lot, 5-7 p.m.

## 24 SATURDAY

- Ford House Bird Walk with Wild Birds Unlimited, 8-10 a.m.

## 26 MONDAY

- The 26th annual St. Ambrose Oysterfest, featuring over 40 local and national restaurants, this year's theme is "Do It In Detroit" with prizes that focus on things to see and do within the Motor City, \$30 per person, visit [stambrosechurch.net](http://stambrosechurch.net) for more information

## 28 WEDNESDAY

- The Family Center presents 'SCREEN-AGERS Today's Adolescent: Why Kindness is Missing' in Miller Hall at Christ Church, free, register at [familycenterweb.org](http://familycenterweb.org) or (313) 432-3832, 7 p.m.

## 29 THURSDAY

- Grosse Pointe Woods resident Pat Anstett book signing of her book "Breast Cancer Surgery and Reconstruction: What's Rights for You" at the Van Elslander Cancer Center in the Woods



## 01 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at SOC, small dogs and puppies 12-1:30 p.m., medium and large dogs 1:30-3 p.m., cats 12-3 p.m.; and at City Bark, cats and kittens 12-2 p.m.

## 05 WEDNESDAY

- The Family Center Meet & Greet: A Gathering for School, Mental Health and Other Professionals Working with Youth and Families, at SOC, register online or call (313) 432-3832, 9:30 a.m. - 12 p.m.
- The Family Center presents 'A Mindfulness Approach to Parenting' in Miller Hall, Christ Church, free, register at familycenterweb.org or (313) 432-3832, 7 p.m.

## 08 SATURDAY

- Izzy's Second Saturdays at Provencal-Weir House, make polymer tea light ghosts, ages 7 and up, \$20 per member, \$25 per non-member, reservations required by Thursday, Oct. 6 by calling Izzy at (313) 884-7010, takes place 1-3 p.m.
- Grosse Pointe Historical Society Open House at Provencal-Weir House and Resource Center, 1-4 p.m.

## 11 TUESDAY

- The Family Center presents 'Navigating Grace: A Solo Voyage of Survival and Redemption' at the War Memorial with author Jeff Jay, free, register at familycenterweb.org or (313) 432-3832, meet the author 6-7 p.m., talk 7-8:30 p.m., book signing 8:30-9 p.m.

## 13 THURSDAY

- SOC's 20th Annual Auction Gala 'Speakeasy' at the War Memorial, includes signature cocktails, hors d'oeuvres, a silent auction, gourmet dinner and live auction, tickets

available by calling (313) 649-2104 or at socservices.org

## 14 FRIDAY

- Grosse Pointe Community Chorus presents a Cabaret 'Broadway Serenade' at Assumption Cultural Center, includes buffet dinner, raffles, 'Stump the Band,' and of course, Broadway hits sung by the Chorus; so come, and bring your sweetie on the night before Sweetest Day, \$35 per person, cash bar, visit [www.grossepointecommunitychorus.org](http://www.grossepointecommunitychorus.org) for more information and tickets, doors open at 6 p.m., dinner starts at 6:30 p.m.
- Grosse Pointe Woods Hob Nobbin' with Goblins at Lake Front Park, 6 p.m.

## 15 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at SOC, small dogs and puppies 12-1:30 p.m., medium and large dogs 1:30-3 p.m., cats 12-3 p.m.; and at City Bark, cats and kittens 12-2 p.m.
- Fashion and the Automobile at Ford House, dinner, fashion show and entertainment, \$50 per person, tickets at [fordhouse.org](http://fordhouse.org), 6-8 p.m.

## 20 THURSDAY

- Third Thursday in the Garden 'The Fall Color Tour' at Ford House, buy tickets at [fordhouse.org](http://fordhouse.org), tour is 6-8 p.m.
- Our Rivers/Our Lakes collaborators' old-fashioned fish fry, opening with Michigan-fresh appetizers on the War Memorial Terrace followed by a family-style fish fry at SOC, the K-Trolley will take people from the War Memorial to SOC and back at the end of the evening, for more information and tickets, visit [grossepointeartcenter.org](http://grossepointeartcenter.org)

## 22 SATURDAY

- Ford House Bird Walk with Wild Birds Unlimited, 8-10 a.m.
- GPPL Authors to The Pointe at Ford House this featuring Paula McLain, author of bestsellers *The Paris Wife*

and *Circling the Sun*, and Lauren Willig, author of the bestselling *Pink Carnation* series and several historical fiction novels, enjoy a classic English tea with author visits, \$30 per person, tickets on sale Thursday, Sept. 22 at 10 a.m., available only at Central Branch by cash or check, takes place 1-4 p.m.

## 25 TUESDAY

- The Family Center presents 'A Healthy Brain for the Ages' at SOC, free, register at [familycenterweb.org](http://familycenterweb.org) or (313) 432-3832, 7 p.m.
- The Family Center presents 'Turning Teen: A Presentation for Mothers and Daughters,' ages 8-14, at SOC, free, register at [familycenterweb.org](http://familycenterweb.org) or (313) 432-3832, 7 p.m.
- The Family Center presents 'Making Modern Divorced Families Work: During and After Divorce,' at SOC, free, register at [familycenterweb.org](http://familycenterweb.org) or (313) 432-3832, 7 p.m.

## 27 THURSDAY

- Full Circle Foundation Glitz and Glam Gala at the Roostertail, tickets include an open bar, sit-down dinner, live music, fashion show, live and silent auctions, proceeds will help fund Full Circle's programs and grow their space, visit [fullcirclefdn.org](http://fullcirclefdn.org) for more information and tickets, \$175 per person, 6-10 p.m.

## 29 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at SOC, small dogs and puppies 12-1:30 p.m., medium and large dogs 1:30-3 p.m., cats 12-3 p.m.; and at City Bark, cats and kittens 12-2 p.m.
- Halloween in the Park at Windmill Pointe Park, 4-5:30 p.m.

## 31 MONDAY - Halloween

- Halloween Trick or Treating in the Village, 3:30-4:45 p.m.



# LifeBUILDERS on a mission

By Sarah Stahl

*M*arilyn and Larry Johnson have been involved in serving the underserved in under resourced communities for over 15 years. Once living the “good life” in Grosse Pointe, they were faced with a dilemma about what to do with the rest of their lives. With a strong desire to live life according to God’s will and purpose, they said, “here we are Lord, use us.”

With that willingness, the opportunity came to serve the broken hearted, the downtrodden, those with little hope and few opportunities, those who suffered injustice and abuse for most of their lives. On the eastside of Detroit across from the former Notre Dame, Regina and Lutheran High Schools, was an under resourced community that was known for high crime rate, drugs and teen pregnancies. They developed a solution that would require sacrifice and long term focus; a three-pronged strategy of empowering

the youth, reclaiming the neighborhood from blight and crime through strategic reinvestment, and the building of community amongst residents, engaging them in the transformation of the neighborhood.

Living out the LifeBUILDERS mission, the Johnsons along with numerous volunteers from local communities and churches continue to restore dignity and provide hope to the residents of Regent Park by teaching and empowering youth with life skills that will lead to good decisions and a bright future. They are reclaiming an entire neighborhood from the effects of disinvestment by providing safe, affordable housing and building a community of shared values, trust and hope for the future, all grounded in God’s Word.

Ten years later, LifeBUILDERS has morphed into a vibrant life-changing Christian Community Development Corp. They began with a handful of

children and now are ministering to elementary aged kids in an after school program, Saturday Camp and Summer Day Camp. Teen Clubs have formed, cooking classes, job training, performing arts, just to name a few. Now they own over 40 houses for working families who are united to see this once blighted and destroyed community be a place that is safe and desirable Detroit neighborhood to live in. ☎



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# COOKING with CHEF ETHAN STEINER *Get Your Gourd On*



*F*all is the transition from summer to winter. Chilly autumn days lead to chilly autumn evenings. Darkness falls earlier and the smell of wet leaves and smoky bonfires fills the night air. Nothing warms the body and soul like a hot bowl of soup with a bit of habanero pepper.

Summer squash is sold in the winter and winter squash is in the market from late summer to fall. Butternut squash is available year round and the peak season lasts from early

fall through winter. Butternut squash is a more watery squash and tastes like sweet potatoes. It's a great squash to make soup with because it is less stringy than other squashes and has a robust nutty flavor.

I'd like to give a shout out to my parents' neighbor, Penny Blum, for the flower in the picture and to Augie Potzmann for the awesome wooden tray. Enjoy!

## Butternut Squash Soup Makes 2 quarts

### Ingredients

**2** butternut squash, peeled, halved, seeded, diced  
**1** medium onion, thinly sliced  
**1** habanero pepper, sliced in half, remove seeds if sensitive to heat  
**3 sprigs** thyme  
**1 pinch** nutmeg  
**4 cups** vegetable stock to cover  
**1 quart** heavy cream  
**2 tbs.** extra virgin olive oil  
 Salt and pepper to taste  
 Sachet

### Directions

1. In a sachet, tie up the thyme and habanero pepper
2. In a soup pot, heat olive oil over medium heat and sweat onions until translucent
3. Add butternut squash and sauté for 10 minutes, stirring constantly
4. Add sachet
5. Cover the mix with vegetable stock and let simmer for 30 minutes
6. Pull out sachet and discard

7. In batches, purée remaining ingredients in a blender on high until smooth; pass through a strainer to remove all remaining lumps
8. Add heavy cream to blended mix and whisk until mixed
9. Season with salt and pepper
10. Heat on stove until hot, pour in bowl

## Chili Oil

### Ingredients

**1 cup** vegetable oil  
**2 tbs.** chili powder  
 Cheese cloth

### Directions

1. In blender, blend vegetable oil and chili powder on high
2. Pass through cheese cloth

## Garnish

### Ingredients

Crème fraîche  
 Chive tips  
 Chili oil

### Directions

1. Garnish bowl of soup with crème fraîche, chive tips and chili oil
2. Serve and enjoy!



*Chef Ethan Steiner, a 2008 graduate of De La Salle Collegiate High School, graduated from Le Cordon Bleu College of Culinary Arts with an Associates of Occupational Studies Degree in Culinary Arts and a Bachelor of Arts Degree in Culinary Management in Las Vegas.*

*After working the Las Vegas hotel circuit, Steiner decided to return to Michigan. He has worked with, and for, Chef Jose Andres, Chef John Hilton, Chef Rick Moonen, Chef Gordon Ramsay and Chef Wolfgang Puck. Today, Steiner is Sous Chef at Antietam in Detroit Eastern Market in Detroit.*

*Follow him on twitter@Chef\_Ethan.*



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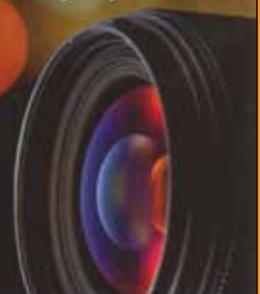
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